

Integrative Health Lectures

Focus on health, including preventative and alternative ways of addressing typical health concerns with instructor Jeanne Deignan-Kosmides.

Introduction to Homeopathy

Learn what homeopathic medicine is, how it works, potency and dosage. This introductory lecture lays the foundation as to how to utilize the 20 most used homeopathic remedies, including arnica, chamomile and gelsemium. Learn how to administer these remedies safely to address bee stings, food poisoning, bruises, headaches, teething and grief. Leave with handouts that are an excellent resource for acute and first aid situations.
Cost: \$25 (MD Senior Adults: \$25)
Course #: XXZ-874-A2
Mon., Sep. 19, 6:30 - 8:30 PM
Washington Road Campus, Rm. N203

Homeopathy: Level II

Delve much more fully into the remedies and their uses. Cover how to take a case and determine what remedy to take. Listen for symptoms and learn how to use a simple Repertory and Materia Medica to choose one remedy from the many available. Topics include: fevers, coughs, colds, stomach disorders and more (including special requests). Learn how to tell the difference between an acute condition and constitutional treatment. *Prerequisite:* Introduction to Homeopathy, First Aid Homeopathy or some basic knowledge of homeopathy.
Cost: \$25 (MD Senior Adults: \$25)
Course #: XXZ-875-A2
Mon., Oct. 3, 6:30 - 8:30 PM
Washington Road Campus, Rm. N205

Yoga and the Healing Chakras

Chakras are the major energy centers within our bodies. "Chakra" is a Sanskrit word that translates as "spinning wheel". Each of the 7 main chakras is linked to a different endocrine gland, color, sound and bodily function. Learn how to tone and balance each chakra for better health. Wear loose-fitting clothes and bring a yoga mat and blanket to class.
Cost: \$25 (MD Senior Adults: \$25)
Course #: XXZ-956-A2
Mon., Oct. 17, 6:30 - 8:30 PM
Washington Road Campus, Rm. N205

Tai Chi

The gentle, slow, and energizing movements of Tai Chi have been shown to increase concentration and awareness, improve balance and flexibility, and provide greater vitality and overall health. Beginners practice simple breathing and learn the basic movements. Intermediate and advanced students will continue with a Yang style form, the energizing reeling silk exercises and a Chen style form as well as 2-person exercises.

Tai Chi: Beginning

For those who have no experience with Tai chi.
Cost: \$69 (MD Senior Adults: \$69)
Course #: XXQ-956-A2 (Instructor: Bill Whitenton)
Thu., Sep. 22 - Nov. 10, 7:00 - 8:00 PM (8 sessions)
Washington Road Campus, Rm. P527

Tai Chi: Continuing

For those who have some experience with Tai Chi, but are not ready for intermediate work.
Cost: \$69 (MD Senior Adults: \$69)
Course #: XXQ-151-A2 (Instructor: Linda Albright)
Thu., Sep. 22 - Nov. 10, 7:00 - 8:00 PM (8 sessions)
Washington Road Campus, Rm. P527

Tai Chi: Intermediate/Advanced

Cost: \$69 (MD Senior Adults: \$69)
Course #: XXQ-957-A2 (Instructor: Jerry Diamond)
Thu., Sep. 22 - Nov. 10, 7:30 - 8:30 PM (8 sessions)
Washington Road Campus, Rm. P527

Aromatherapy Japanese Holistic Healing Practitioner NLP (Neuro Linguistic Programming) Practitioner Reflexology

See Allied Health & Nursing/Allied Health Occupations section for course details.

Fitness

Aerobic Dancing

Offers a progressive multi-level course professionally choreographed for the "non dancer" by Jackie Sorenson. Exercise at your own level (walk, jog or run) as you firm and tone muscles, strengthen your cardiovascular system, burn calories, reduce stress and socialize with friends. Programs are medically tested for your safety.
Cost: \$87 (MD Senior Adults: \$90)
Course #: XXQ-979-A2
Mon. & Wed., Sep. 14 - Dec. 14, 6:00 - 7:00 PM
(26 sessions; no class 11/23)
Washington Road Campus, Rm. P527

Y of Central Maryland

Aqua Fit

Enjoy the benefits of reduced impact and added resistance with water-based exercise. A cardiovascular and muscle conditioning workout that's done in the pool is easily adapted to all fitness levels.
All classes held at the Y of Central Maryland in Westminster.
Cost: \$64 (MD Senior Adults: \$64)
Course #: XXZ-783-A2
Mon. & Wed., Aug. 29 - Oct. 17, 10:00 - 11:00 AM
(14 sessions; no class 9/5)
Course #: XXZ-783-B2
Mon. & Wed., Aug. 29 - Oct. 17, 8:00 - 9:00 PM
(14 sessions; no class 9/5)
Course #: XXZ-783-C2
Mon. & Wed., Oct. 24 - Dec. 7, 10:00 - 11:00 AM
(14 sessions)
Course #: XXZ-783-D2
Mon. & Wed., Oct. 24 - Dec. 7, 8:00 - 9:00 PM (14 sessions)

Beginning Belly Dancing

This specialty fitness class is a great cardiovascular workout guaranteed to target and tone the stabilizing muscles for the body.
All classes held at the Y of Central Maryland in Westminster.
Cost: \$75 (MD Senior Adults: \$75)
Course #: XXZ-350-A2
Fri., Sep. 2 - Oct. 14, 7:10 - 8:00 PM (7 sessions)
Course #: XXZ-350-B2
Fri., Oct. 28 - Dec. 9, 7:10 - 8:00 PM (7 sessions)

Body Sculpt

This muscle conditioning class increases muscular strength and endurance by challenging all the major and minor muscle groups through the utilization of free-weights, dyna-bands, body bars and/or stability balls.
All classes held at the Y of Central Maryland in Westminster.
Once a week classes
Cost: \$90 (MD Senior Adults: \$90)
Course #: XXZ-382-A2
Mon., Wed. & Fri., Aug. 29 - Oct. 17, 4:30 - 5:20 PM
(21 sessions; no class 9/5)
Course #: XXZ-382-C2
Mon., Wed. & Fri., Oct. 24 - Dec. 9, 4:30 - 5:20 PM
(21 sessions)

Twice a week classes
Cost: \$75 (MD Senior Adults: \$75)
Course #: XXZ-382-B2
Tue. & Thu., Aug. 30 - Oct. 13, 6:00 - 6:50 AM (14 sessions)
Course #: XXZ-382-D2
Tue. & Thu., Oct. 25 - Dec. 13, 6:00 - 6:50 AM
(14 sessions; no class 11/24)

Ever Fit for Seniors

Practice movements that increase joint mobility, balance, strength, flexibility and general fitness education for active older adults.
All classes held at the Y of Central Maryland in Westminster.
Cost: \$59 (MD Senior Adults: \$59)
Course #: XXZ-400-A2
Tue. & Thu., Aug. 30 - Oct. 13, 11:10 AM - 12:00 PM
(14 sessions)
Course #: XXZ-400-B2
Tue. & Thu., Oct. 25 - Dec. 13, 11:10 AM - 12:00 PM
(14 sessions; no class 11/24)

NEW! Zumba

Zumba is a fusion of body sculpting movement with easy-to-follow dance steps to the tune of Latin and International music. Features aerobic/fitness interval training, instructed by a Zumba certified instructor.
All classes held at the Y of Central Maryland in Westminster.

Once a week classes
Cost: \$80 (MD Senior Adults: \$80) One session per week
Course #: XXZ-078-A2
Mon., Aug. 29 - Oct. 17, 7:10 - 8:00 PM
(7 sessions; no class 9/5)
Course #: XXZ-078-B2
Wed., Aug. 31 - Oct. 12, 9:25 - 10:15 AM (7 sessions)
Course #: XXZ-078-C2
Sat., Sep. 3 - Oct. 15, 8:00 - 8:50 AM (7 sessions)
Course #: XXZ-078-D2
Mon., Oct. 24 - Dec. 5, 7:10 - 8:00 PM (7 sessions)
Course #: XXZ-078-E2
Wed., Oct. 26 - Dec. 7, 9:25 - 10:15 AM (7 sessions)
Course #: XXZ-078-F2
Sat., Oct. 29 - Dec. 10, 8:00 - 8:50 AM (7 sessions)

Twice a week classes
Cost: \$129 (MD Senior Adults: \$129) Two sessions per week
Course #: XXZ-084-A2
Mon. & Wed., Aug. 29 - Oct. 17; Mon., 7:10 - 8:00 PM & Wed., 9:25 - 10:15 AM (14 sessions; no class 9/5)
Course #: XXZ-084-B2
Mon. & Sat., Aug. 29 - Oct. 17; Mon., 7:10 - 8:00 PM & Sat., 8:00 - 8:50 AM (14 sessions; no class 9/5)
Course #: XXZ-084-C2
Wed. & Sat., Aug. 31 - Oct. 15; Wed., 9:25 - 10:15 AM & Sat., 8:00 - 8:50 AM (14 sessions)
Course #: XXZ-084-D2
Mon. & Wed., Oct. 24 - Dec. 7; Mon., 7:10 - 8:00 PM & Wed., 9:25 - 10:15 AM (14 sessions)
Course #: XXZ-084-E2
Mon. & Sat., Oct. 24 - Dec. 10; Mon., 7:10 - 8:00 PM & Sat., 8:00 - 8:50 AM (14 sessions)
Course #: XXZ-084-F2
Wed. & Sat., Oct. 26 - Dec. 10; Wed., 9:25 - 10:15 AM & Sat., 8:00 - 8:50 AM (14 sessions)

HISTORY, CULTURE AND GOVERNMENT

History

NEW! The Common Soldier in the Civil War

Study the common soldier who fought in the American Civil War. While the generals received the fame, these men, Union and Confederate, fought and lived in terrible conditions. Examine period photographs and some published diaries of these soldiers to gain a better understanding of day to day life in an American Civil War Army. *Instructor: Phillip Muskett*
Cost: \$35 (MD Senior Adults: \$35)
Course #: XXZ-075-A2
Thu., Nov. 17, 6:30 - 9:45 PM
Washington Road Campus, Rm. K129

Middle Tennessee Campaign of 1863

Journey through the Union campaign to subjugate middle Tennessee during the bloody year of 1863. Study the battles of Murfreesboro, along Stones River and bloody Chickamauga, along the River of Death. Cover the almost bloodless Tullahoma Campaign and Union General Ulysses S. Grant's successful campaign to take Chattanooga. This campaign, overshadowed by events in Virginia, Mississippi and Pennsylvania, provides an important yet often overlooked step to the Union victory in the American Civil War. *Instructor: Phillip Muskett*
Cost: \$51 (MD Senior Adults: \$30)
Course #: PDE-908-A2
Thu., Oct. 20 & 27, 6:30 - 9:45 PM (2 sessions)
Washington Road Campus, Rm. T317

Phillip Muskett is a graduate of American Military University, with a Masters Degree in Military Studies, and a Licensed Battlefield Guide at Gettysburg. He is a passionate amateur historian with a love for the American Civil War. He has authored several articles for Military History Online.

The Era of the American Civil War

Survey the major political, economic, social and cultural trends in the United States from 1840 to 1877. Focus on the growing differences between the societies of the North and South, the partisan debates leading to the American Civil War, the war itself and the shattering impact on the country, culminating with the struggles over reconstruction the union.
Instructor: Dr. Robert Young
Cost: \$303 (MD Senior Adults: \$30)
Course #: PDE-900-A1
Tue. & Thu., Aug. 30 - Dec. 8, 12:30 - 1:50 PM
(29 sessions; no class 11/24)
Washington Road Campus, Rm. L284

Dr. Robert Young, a favorite history professor at Carroll for 12 years, is the author of "Senator James Murray Mason: Defender of the Old South." A northerner, with a southern specialty at The University of Maryland, he earned a PhD in American Diplomatic History. Dr. Young brings a unique perspective and understanding of the Civil War that he loves to share with his students.

NEW! Siege of Washington DC & the Battle of Ball's Bluff of 1861

After the bombardment of Ft. Sumter in April 1861, the nations' capital was under siege, according to President Abraham Lincoln. DC was surrounded by seceded Virginia across the Potomac and pro-southern Maryland militias to the east, echoing with cries of "On to Washington!" Lincoln's emergency proclamation called for 75,000 volunteers to suppress the rebellion and protect the capital. The stage was set for the crucial beginning of the Civil War. The Battle of Ball's Bluff, the second largest Eastern battle of 1861, caused repercussions in the Union's chain of command structure and raised separation of powers issues under the Constitution. *Instructor: Jeff Goodson*
Cost: \$25 (MD Senior Adults: \$25)
Course #: XXZ-072-A2
Wed., Oct. 5, 7:00 - 9:00 PM
Washington Road Campus, Rm. N105

Jeff Goodson, a popular lecturer on Maryland Civil War topics, has a BA in History and is a PhD Candidate in Political Science from King's College, London. He is President of the Company of Military Historians, Chesapeake Chapter. His lively and fascinating presentations feature props, relics, maps and handouts to make history come alive.

Diversity

Expand your understanding of the world.

Diversity/World View courses...

- Promote the exchange of ideas and create meaning with people from diverse backgrounds
- Provide perspectives and information designed to bridge differences and cultivate understanding

Look for these courses:

- Great Expectations: Italian Immigrants in America
- History of Terrorism
- From Scheherazade to Mahfouz: Literature of the Arab World
- Masterpieces from the World of Art
- Mimicking the Masters
- Yoga & the Healing Chakras
- World Languages
- ASL
- Italian
- Japanese
- Spanish

See Course Index for course locations

Continuing Education & Training
410-386-8100
www.carrollcc.edu



320-A11-0511

Civil War Lecture Series

Join instructor David Booz as he explores the many facets of the Civil War. David is a passionate educator and Civil War historian of 35 years, sought after consultant on numerous Civil War TV and movie projects and local Civil War activist.

NEW! Guerrilla Warfare in the Civil War

In many ways the American Civil War was a traditional war where large armies fought each other in pitched battles. However, there were numerous instances of neighbor fighting neighbor and partisan units striking at targets of opportunity that were not front-line troops. Was this legitimate warfare or terrorism? Were the men and women involved soldiers or outlaws? Examine the role of partisan units in the Civil War and try to reach a conclusion about their effectiveness and their legality. Come see if John Mosby is the only great partisan leader of the war.

Cost: \$35 (MD Senior Adults: \$35)

Course #: **XXZ-069-A2**

Thu., Oct. 13, 6:30 - 9:30 PM

Washington Road Campus, Rm. K122

NEW! The Role of Sharpshooters in the Civil War

The use of sharpshooters is a well known fact of the war. Perhaps the most famous were Berdan's Sharpshooters. Were they the only ones? See what role sharpshooters played, if the common soldier was a "sharpshooter", and what special weapons or tactics were used. Determine the sharpshooters' proper role in the war. Both sides used these men and their service and sacrifices are often overlooked. See what it was like to be a sharpshooter.

Cost: \$35 (MD Senior Adults: \$35)

Course #: **XXZ-070-A2**

Thu., Nov. 10, 6:30 - 9:30 PM

Washington Road Campus, Rm. M157

NEW! The Battle of Fredericksburg

Two of the bloodiest battles of the Civil War were fought in December, 1862. At Stone's River in Tennessee and at Fredericksburg in Virginia, thousands of men were shot down and their sacrifice did little to change the outcome of the war. Determine what happened at Fredericksburg. Union General Ambrose E. Burnside will always be associated with this battle and not in a positive fashion. Was he as bad as the survey history books reflect? Did the Federals have a chance of success? Was this battle a great success for the South? What did Robert E. Lee think? Assess the general perceptions of Fredericksburg.

Cost: \$35 (MD Senior Adults: \$35)

Course #: **XXZ-071-A2**

Thu., Dec. 8, 6:30 - 9:30 PM

Washington Road Campus, Rm. L287

World View

NEW! From Scheherazade to Mahfouz: Literature of the Arab World

Explore the fascinating range of modern Arabic literature from 1001 Nights to the present including modern Arabic writers from Egypt, Sudan, Lebanon, Palestine and the USA. Enrich your literary journey with an introduction to the Arabic language and an examination of the political, social, intellectual and religious perspectives within the context of the universal human experience. Instructor: Mohamed Esa

Cost: \$104 (MD Senior Adults: \$30); plus texts

Course #: **PDE-651-A2B**

Thu., Sep. 22 - Oct. 27, 3:00 - 5:00 PM (6 sessions)

Washington Road Campus, Rm. M157

Dr. Mohamed Esa brings his vast experience as McDaniel College's chair of the Department of Foreign Languages to Carroll Community College. Dr. Esa enjoys working with students of all ages from his enrichment program at William Winchester Elementary School to his courses at McDaniel and Carroll. His commitment to intercultural understanding won him the 2010 Carroll County Human Relations Commission Award. He also offers courses on the Arab world and Islam. He lectures on Islam and the contributions of Arabs and Muslims to Western civilization.

Volunteer Management Best Practices

Join your colleagues to refresh your commitment to excellence in your non-profit volunteer program.

Topics include:

- Recruiting and retaining volunteers
- Investing in program development
- Using a thoughtful strategic process to develop your program
- Creating a compelling community needs statement
- Assessing agency volunteer activities
- Discovering resources to help expand volunteer activities

Thursday, Oct. 20

Course #: XXZ-426

9 a.m. - 1 p.m., Room M157

Cost: \$40 (includes continental breakfast and materials)

Offered in partnership with Volunteer Maryland

Continuing Education & Training:
410-386-8100
www.carrollcc.edu

330-A11-0611 CAR

Great Expectations: Italian Immigrants in America

They picked up their lives and came to America and brought their hopes, dreams, goals and wishes. Who are these courageous people? Discover the rich history of Italians in America; what they found when they arrived and how they integrated into American culture. Along the way, learn how to find your own Italian roots. *Instructor: Simone Haslauer*
Cost: \$35 (MD Senior Adults: \$35)
Course #: XXZ-504-A2
Sun., Oct. 23, 1:00 - 4:00 PM
Washington Road Campus, Rm. A015

Simone Haslauer wows the students every time with her exuberant teaching and organized approach. Students comment that Simone is "...fantastic" and "...one of the best teachers I've ever had!" A native of Austria, she brings her direct experience of these regions to the classroom to keep everyone engaged and interested.

NEW! History of Terrorism

Study the major themes, people and ideas in terrorism in modern world history, including, but not limited to the Fenians, Russian nihilists, the Red Army Faction and Islamist terrorism. Focus on the twentieth century Middle East. Query the competing definitions of terrorism, and examine the ideological, political, cultural, and economic sources of terrorism, as well as the responses to it. *Instructor: Neil Dhingra*
Cost: \$303 (MD Senior Adults: \$30)
Course #: PDE-926-A1
Mon. & Wed., Aug. 29 - Dec. 7, 11:00 AM - 12:20 PM
(28 sessions; no class 9/5 & 11/23)
Washington Road Campus, Rm. M055

Neil Dhingra, Assistant Professor of History at Carroll, holds a PhD in History from Notre Dame University. Passionate about furthering students' knowledge and experience, Dr. Dhingra arranges Travel Studies to international destinations like Spain, England and France.

NEW! Humanity at the Crossroads

In a time of rapid and often confusing change, the challenge of understanding and preparing for the future becomes more critical even as it becomes more difficult. This lively discussion explores fundamental issues currently facing the planet, examines fundamental trends emerging from the fields of developmental psychology, cultural history, consciousness studies and brain physiology; and considers practical solutions based on emerging knowledge of human potential. *Instructor: Dr. Peter Westbrook*
Cost: \$104 (MD Senior Adults: \$30)
Course #: PDE-652-A2
Tue., Oct. 11 - Nov. 15, 9:30 - 11:30 AM (6 sessions)
Washington Road Campus, Rm. T325

Dr. Westbrook, a writer, educator, musicologist and futurist with degrees in literature, musicology, interdisciplinary studies and education, has devoted more than four decades to the study of consciousness and its relationship to education, a subject on which he has written and lectured about at many colleges and universities throughout the world. He also produced the TV series Perennial Philosophy for Spaceship Earth, and the forthcoming series Superheroes of the Spirit.

LANGUAGES

ASL: Basic I

Learn common vocabulary and the basics of ASL grammar, while you establish the foundation necessary to communicate effectively with deaf and hard of hearing people. The required text is used in both Beginning level courses. *Instructor: Richard "Ricky" Rose, Jr.*
Cost: \$129 (MD Senior Adults: \$30); plus text
Course #: FLC-202-A2B
Wed., Sep. 14 - Oct. 19, 6:30 - 9:00 PM (6 sessions)
Washington Road Campus, Rm. K205

ASL- Level 2

Continue to build vocabulary and practice your signing skills. Uses the same text as Level 1. *Instructor: Richard "Ricky" Rose, Jr.*
Cost: \$129 (MD Senior Adults: \$30); plus text
Course #: FLC-248-A2B
Wed., Oct. 26 - Dec. 7, 6:30 - 9:00 PM
(6 sessions; no class 11/23)
Washington Road Campus, Rm. K205

Richard "Ricky" Rose, Jr., an ASL instructor for more than 15 years, is an ASL native. He is currently an inviting lecturer and ASL Lab Coordinator at McDaniel College since 2008, and an ASLTA member since 2004.

Italian: Basic 1

Benvenuti! Learn to appreciate the charm of Italian culture through the study of the Italian language. *Instructor: Simone Haslauer*
Cost: \$176 (MD Senior Adults: \$34); includes materials
Course #: FLC-193-A2
Wed., Sep. 14 - Nov. 2, 6:30 - 9:00 PM (8 sessions)
Washington Road Campus, Rm. P521

Italian: Basic 2

A conversational approach builds vocabulary and speaking skills, while further cultural elements are presented. *Instructor: Simone Haslauer*
Cost: \$129 (MD Senior Adults: \$30)
Course #: FLC-213-A2
Tue., Nov. 8 - Dec. 13, 6:30 - 9:00 PM (6 sessions)
Washington Road Campus, Rm. C267

Italian Language Community

Ciao Amici! Make new friends, deepen your understanding of the Italian language, practice what you have already learned, improve your conversational skills and share your Italian travel experiences. Join the Italian Language Community! Course includes web-based training, virtual knowledge exchange and three on-campus conversation sessions. *Instructor: Simone Haslauer*
Cost: \$89 (MD Senior Adults: \$89)
Course #: XXZ-794-A2
Thu., Sep. 29, Oct. 20 & Nov. 3, 6:30 - 8:30 PM (online with 3 classroom sessions)
Washington Road Campus, Rm. N201

Instructor: Simone Haslauer, a native of Austria, integrates culture and travel tips with the Italian language skills you'll need to enjoy a vacation to Bella Italia.

Japanese: Basic I

Learn the basics of a unique language. Cultural and historical information give you insight into customs and everyday life. Great for those planning a trip to Japan or for those who are simply interested in learning more about this amazing country. Japan's influence is all around. Explore the art, (origami, Ikebana flower arrangements), as well as the written languages and folktales. BANZAI JAPANESE! *Instructor: Allison Campbell*
Cost: \$155 (MD Senior Adults: \$30); plus text
Course #: FLC-151-A2B
Tue., Oct. 4 - Nov. 29, 6:30 - 8:30 PM (9 sessions)
Washington Road Campus, Rm. M055

Allison Campbell lived in Kobe, Japan for more than 10 years and learned to speak the language as a native. Her experience has led her to teach English to Japanese children in Japan and teach Japanese to Americans since 1993. Locally, she demonstrates Japanese flower arranging and Origami art.

Basic Spanish

Say hola to the Spanish-speaking world as you discover the language and culture of 333 million people worldwide! Whether you are traveling or in contact with Spanish speakers in the US, learn the essentials you need to understand and be understood. Required text used in all Basic courses. *Instructor: Billie Muñoz*
Cost: \$172 (MD Senior Adults: \$30); plus text
Course #: FLC-103-A2B
Tue. & Thu., Sep. 20 - Oct. 13, 6:30 - 9:00 PM (8 sessions)
Washington Road Campus, Rm. M056

Spanish: Basic 2

¿Qué más? We've got more! More verbs! More vocabulary! More opportunities to use Spanish in daily situations! Same text as Basic Spanish. *Instructor: Billie Muñoz*
Cost: \$129 (MD Senior Adults: \$30); plus text
Course #: FLC-208-A2B
Tue. & Thu., Oct. 25 - Nov. 10, 6:30 - 9:00 PM (6 sessions)
Washington Road Campus, Rm. M056

Spanish for Conversation and Review

¡Increíble! Amaze yourself and impress your friends. This course will build your confidence and skills. *Instructor: Billie Muñoz*
Cost: \$129 (MD Senior Adults: \$30)
Course #: FLC-247-A2
Mon., Sep. 19 - Oct. 24, 6:30 - 9:00 PM (6 sessions)
Washington Road Campus, Rm. C274

Billie Muñoz brings her experiences living abroad and raising bilingual children here in the US to her classes. Billie also brings a contagious energy and love of language learning.

English for Speakers of Other Languages (ESOL)

See English for Speakers of Other Languages (ESOL) section for course details

Online Courses...

- Speed Spanish
- Speed Spanish 2
- Speed Spanish 3
- Beginning Conversational French

For more info go to www.ed2go.com/carrollcc

Costa Rica

Spanish Language Immersion Program
Dec. 31, 2011 – Jan. 23, 2012

- Learn Spanish or increase fluency
- Immerse yourself in Costa Rican culture with a host family
- Explore the natural wonders of this popular ecotourism destination
- Enjoy beaches, mountains, the rainforest, and active volcanoes
- Bond with fellow students and instructors
- Create lifetime memories

Approximately \$2,700 per person (includes tuition, lodging and airfare)
Participants must be 18 years or older.
Contact Nate Schell at 410-386-8323 or nschell@carrollcc.edu