

Zumba

Zumba is a fusion of body sculpting movement with easy-to-follow dance steps to the tune of Latin and International music. Features aerobic/fitness interval training, instructed by a Zumba certified instructor.

All classes held at the Y of Central Maryland in Westminster

Cost: \$80 (MD Senior Adults: \$80)

Course #: XXZ-078-A3

Mon., Jan. 2 - Feb. 13, 7:10 - 8:10 PM (7 sessions)

Course #: XXZ-078-B3

Wed., Jan. 4 - Feb. 15, 9:15 - 10:15 AM (7 sessions)

Course #: XXZ-078-C3

Sat., Jan. 7 - Feb. 18, 8:50 - 9:50 AM (7 sessions)

Course #: XXZ-078-D3

Mon., Feb. 27 - Apr. 9, 7:10 - 8:10 PM (7 sessions)

Course #: XXZ-078-E3

Wed., Feb. 29 - Apr. 11, 9:15 - 10:15 AM (7 sessions)

Course #: XXZ-078-F3

Sat., Mar. 3 - Apr. 14, 8:50 - 9:50 AM (7 sessions)

HISTORY, CULTURE & GOVERNMENT

History

NEW! Artillery In The Civil War

Analyze the artillery that was used during the American Civil War. Examine the types of cannons, the tactics used by the cannoners and the manufacturers of the cannons. Discuss some of the key battles where artillery played a significant role in the outcome of the fighting, including Malvern Hill, Stones River, Fredericksburg, Gettysburg and Petersburg. *Instructor: Phillip Muskett*

Phillip Muskett

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-106-A3

Tue., Mar. 6, 6:30 - 9:45 PM

Washington Road Campus, Rm. K205

NEW! Cold War America, 1945-1991

Survey politics, society and culture in the United States during years defined by the nation's simmering conflict with communist regimes around the globe. Review the crises and controversies of the era that either united us in confidence or divided us in uncertainty, with an emphasis on the ways the bi-polar world order that emerged after World War II established parameters for the American way of life that have outlasted the Soviet Union.

Instructor: Dr. Robert Young

Cost: \$303 (MD Senior Adults: \$30); plus text

Course #: PDE-931-A3B

Tue. & Thu., Jan. 31 - May 10, 12:30 - 1:50 PM (28 sessions; no class 4/3 & 4/5)

Washington Road Campus, Rm. C267

Dr. Robert Young, a favorite history professor at Carroll for 12 years, is the author of "Senator James Murray Mason: Defender of the Old South." A northerner, with a southern specialty at The University of Maryland, he earned a PhD in American Diplomatic History. Dr. Young brings a unique perspective and understanding of the Civil War that he loves to share with his students.

NEW! McClellan's Peninsula Campaign of 1862

On the 150th anniversary of the Peninsula Campaign of 1862, explore the major battles and smaller skirmishes that made up this campaign, the largest military operation of the American Civil War. It used amphibious operations and saw the rise of many famous Civil War generals. A quarter of a million men took part in what was called "THE" campaign of the American Civil War by many of the participants.

Instructor: Phillip Muskett

Cost: \$52 (MD Senior Adults: \$30)

Course #: PDE-927-A3

Tue., Jan. 31 & Feb. 7, 6:30 - 9:45 PM (2 sessions)

Washington Road Campus, Rm. K132

Phillip Muskett is a graduate of American Military University, with a Masters Degree in Military Studies, and a Licensed Battlefield Guide at Gettysburg. He is a passionate amateur historian with a love for the American Civil War. He has authored several articles for Military History Online.

NEW! The Union Secret Service and Signal Services in MD 1861-1865

Investigate the role played by the famous detective Alan Pinkerton and his associates in thwarting the famous "Baltimore Plot", assassination attempt against President-elect Lincoln in 1861. Decode US newspapers for intelligence information for both sides. Intercept communications from the field. Learn how the Confederate "Secret Line" through Maryland was disrupted. Scout the various locations of Union Signal and Observation Towers in Maryland. Trek with Marylander Harriett Tubman as she serves as a spy for the Union. *Instructor: Jeff Goodson*

Cost: \$25 (MD Senior Adults: \$25)

Course #: XXZ-239-A3

Wed., Feb. 15, 7:00 - 9:00 PM

Washington Road Campus, Rm. K128

Jeff Goodson, a popular lecturer on Maryland Civil War topics, has a BA in History and is a PhD Candidate in Political Science from King's College, London. He is President of the Company of Military Historians, Chesapeake Chapter. His lively and fascinating presentations feature props, relics, maps and handouts to make history come alive.

Civil War Lecture Series

Join instructor David Booz as he explores the many facets of the Civil War. David is a passionate educator and Civil War historian of 35 years, sought after consultant on numerous Civil War TV and movie projects and local Civil War activist.

NEW! The Battle Of Fredericksburg

Two of the bloodiest battles of the Civil War were fought in December, 1862. At Stone's River in Tennessee and at Fredericksburg in Virginia, thousands of men were shot down and their sacrifice did little to change the outcome of the war. Determine what happened at Fredericksburg. Union General Ambrose E. Burnside will always be associated with this battle and not in a positive fashion. Was he as bad as the survey history books reflect? Did the Federals have a chance of success? Was this battle a great success for the South? What did Robert E. Lee think? Assess the general perceptions of Fredericksburg.

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-071-A2

Thu., Dec. 8, 6:30 - 9:30 PM

Washington Road Campus, Rm. L287

NEW! The Battle of Second Manassas

Robert E. Lee's Army of Northern Virginia raced northward in August, 1862 and clobbered General John Pope and his Army of Virginia in the Second Battle of Manassas or Bull Run. Pope bragged that he would destroy Lee's army and that the Southerners would run away from him; he was wrong. See how Lee out-maneuvered Pope, how Jackson's men marched like "foot cavalry," and how Longstreet prepared to launch a major assault. This bloody battle made the Confederates seem invincible to many in both the North and the South. Shortly after this battle, Robert E. Lee invaded Maryland. What did the Southerners accomplish at Second Manassas?

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-235-A3

Thu., Jan. 26, 6:30 - 9:30 PM

Washington Road Campus, Rm. M157

NEW! Forts Henry and Donelson: Keys To the Southern Confederacy

Lieutenant General Albert S. Johnston was tasked with defending the western borders of the southern Confederacy in 1861 and 1862. He set up a series of forts on major rivers to deny their use to the Federals. In the West, the rivers were the highways for commerce, expansion and military movements. The Confederates needed to defend the Tennessee and the Cumberland Rivers, and so forts were built. A relatively unknown Union general, Ulysses S.

Grant, would lead the attack on Forts Henry and Donelson in cooperation with the United States Navy. Find out the consequences of this campaign, one of the most important and least appreciated in the war.

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-236-A3

Thu., Feb. 23, 6:30 - 9:30 PM

Washington Road Campus, Rm. M157

NEW! "Shiloh Bloody Shiloh"

On April 6-7, 1862, one of the most terrible battles of the Civil War took place on the banks of the Tennessee River. Among the blossoms of fruit trees, men from the North and South faced off in the bloodiest battle in American history up to that point. Did the Southerners really surprise the Federals? Was General Grant really drunk? Did General Sherman do a good job at Shiloh? What happened to him? How close did the Confederates come to victory on April 6, 1862?

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-949-A3

Thu., Mar. 29, 6:30 - 9:30 PM

Washington Road Campus, Rm. M157

NEW! The Ironclads: Civil War Technology That Changed History

Almost anyone interested in the American Civil War knows about the "Monitor and the Merrimac." How many ironclads were there in the Civil War? What impact did they have on the war? Did both sides build more ironclads than just the Monitor and the Merrimac (which was officially the C.S.S. Virginia)? Find out what really happened with this new form of technology and how both sides made major advancements in naval science as they struggled to control the rivers and coastlines.

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-237-A4

Thu., Apr. 19, 6:30 - 9:30 PM

Washington Road Campus, Rm. L287

NEW! Stonewall Jackson in the Shenandoah Valley

One of the most famous and studied campaigns in American military history is General Thomas J. Jackson's Shenandoah Valley Campaign in the spring of 1862. This campaign helped to make Jackson one of the superstars of the Civil War. He defeated all of the Union forces sent against him and was a serious threat to Washington, D.C., in Abraham Lincoln's mind. This campaign had far reaching effects on the war and created the myths that surrounded Jackson.

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-238-A4

Thu., May 24, 6:30 - 9:30 PM

Washington Road Campus, Rm. K116

World View

Great Expectations: German Immigrants in America

They picked up their lives and came to America and brought their hopes, dreams, goals and wishes. Discover the rich history of Germans in America; what they found when they arrived and how they integrated into American culture. Along the way, learn how to find your own German roots. *Instructor: Simone Haslauer*

Cost: \$35 (MD Senior Adults: \$35)

Course #: XXZ-863-A3

Sun., Mar. 11, 1:00 - 4:00 PM

Washington Road Campus, Rm. N105

Simone Haslauer wows the students every time with her exuberant teaching and organized approach. Students comment that Simone is "... fantastic" and "...one of the best teachers I've ever had!" A native of Austria, she brings her direct experience of these regions to the classroom to keep everyone engaged and interested.

NEW! History of the Middle East

Explore major themes, people and ideas in the history of the Middle East from the origins of Islam to the present. Focus on the historical relationships between Islam, Christianity and Judaism, as well as contemporary politics and the relationship of the United States to the Middle East. *Instructor: Neil Dhingra*

Cost: \$303 (MD Senior Adults: \$30); plus text

Course #: PDE-930-A3B

Tue. & Thu., Jan. 31 - May 10, 9:30 - 10:50 AM (28 sessions; no class 4/3 & 4/5)

Washington Road Campus, Rm. K132

Neil Dhingra, Assistant Professor of History at Carroll, holds a PhD in History from Notre Dame University. Passionate about furthering students' knowledge and experience, Dr. Dhingra arranges Travel Studies to international destinations like Spain, England and France.

NEW! Ikebana: Art of Japanese Flower Arranging

Create stunning flower arrangements using only a few flowers. Explore the basics of Ikebana and its wide variety of styles. Ikebana, "living flower", has a deep history with traditional Japanese and modern styles. Whatever your tastes, Ikebana will intrigue you and leave you wanting more. Go home with an elegant arrangement. All supplies provided. *Instructor: Allison Campbell*

Cost: \$39 (MD Senior Adults: \$39)

Course #: XXZ-530-A4

Sat., Apr. 21, 10:00 AM - 12:00 PM

Washington Road Campus, Rm. A015

Allison Campbell lived in Kobe, Japan for more than 10 years and learned to speak the language as a native. Her experience has led her to teach English to Japanese children in Japan and teach Japanese to Americans since 1993. Locally, she demonstrates Japanese flower arranging and Origami art.

It's Greek to Me

Planning a trip to Greece or dreaming about one? Uncover what to see and do in Athens. Explore the beautiful islands of Mikonos and Santorini. Analyze Greek works of art, learn some basic Greek language, indulge in a Greek dish, while appreciating some Greek music.

OPA! Instructor: Stella Letras

Cost: \$49 (MD Senior Adults: \$49)

Course #: XXZ-997-A4

Wed., Apr. 18 & 25, 6:30 - 8:30 PM (2 sessions)

Washington Road Campus, Rm. L284

Stella Letras, an experienced educator and a first generation Greek-American, has traveled to Greece numerous times. Growing up Greek, she is excited to share her Greek heritage with you.

NEW! Sufism: The Mystic Side of Islam

Mysticism has been called "the great spiritual current which goes through all religions." Focus on Sufism or tasawwuf, the inner, mystical or esoteric aspect of Islam. Junayd, one of the great Sufi masters, said that "Sufism is that you should be with God--without any attachment." Discuss the role and meaning of Sufism in Islam and how it developed, evolved and changed over the years. What are the major characteristics and the various orders of Sufism? Read and discuss a selection of mystical poetry of famous Sufi masters and watch short films on Sufism.

One session will have a live performance of Sufi poetry and music. *Instructor: Dr. Mohamed Esa*

Cost: \$124 (MD Senior Adults: \$50); plus text

Course #: PDE-929-A3B

Wed., Jan. 25 - Feb. 29, 6:30 - 8:30 PM (6 sessions)

Washington Road Campus, Rm. M157

Dr. Mohamed Esa brings his vast experience as McDaniel College's chair of the Department of Foreign Languages to Carroll Community College. Dr. Esa enjoys working with students of all ages from his enrichment program at William Winchester Elementary School to his courses at McDaniel and Carroll. His commitment to intercultural understanding won him the 2010 Carroll County Human Relations Commission Award. He also offers courses on the Arab world and Islam. He lectures on Islam and the contributions of Arabs and Muslims to Western civilization.