

A close-up photograph of a fresh salad served on a white plate. The salad features a mix of green arugula, sliced cherry tomatoes, and thin slices of cucumber. Several pieces of grilled chicken breast are scattered throughout the greens. The background is a light-colored, textured surface.

Yes  
we cater!

CANTEEN CAFÉ



# Planning

## Ordering

Please place your order at least **7 (seven business days)** prior to your event. We will make every effort to accommodate last minute requests, but this lead time is necessary to ensure that the freshest ingredients and adequate staff are available. Orders must be confirmed the day before your event.

## Custom menus

We are happy to create a custom menu including special dietary options (vegetarian, gluten-friendly, etc.).

## Cancellation

We realize that emergency cancellations do occur, and we'll do our best to avoid any cancellation charges. If an order is cancelled at **least 48 hours in advance (two business days)**, we can usually avoid any charges except for specially ordered food products or prepared foods that cannot otherwise be utilized. Cancellations within 24 hours will incur charges for any food, labor and other costs already incurred.

## Pricing

Prices quoted are for services provided during our normal business hours of **7am to 2pm**. Arrangements can also be made for after hours catering functions at an additional charge.

## Extras

Catering orders are served with quality disposable-ware. China, linens, flowers, decorations, wait staff, chef services and other custom services are also available at an additional charge, which will be quoted separately and require a minimum 10 business days notice. Any unreturned catering equipment and supplies will be billed at full cost.

## Invoicing

Invoices are generated weekly. Please allow five to eight business days after your event to receive a catering invoice.

Thank you for choosing Yes We Cater! It is our pleasure to serve you.



Place your order today!  
**(410)-386-8380**  
**[canteencatering@carrollcc.edu](mailto:canteencatering@carrollcc.edu)**

2000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.

# Continental breakfast

	Price	Cal
Pastry tray Assorted pastries, muffins, scones and breakfast bars	\$2.99	300-430
Continental breakfast Pastries, muffins and seasonal fruit	\$6.99	455

	Price	Cal
Cinnamon twist Topped with icing	\$2.99	470
Fresh fruit and yogurt parfaits with granola Minimum 10 ppl	\$4.99	140-260



Calories represent an average plated meal.





# Breakfast



	Price	Cal
Breakfast buffet	\$8.99	813
Buttermilk biscuits, scrambled eggs, bacon or sausage, home fries, and seasonal fruit		
Breakfast sandwich buffet	\$7.99	693
An assortment of egg and cheese breakfast sandwiches available plain, with sausage or bacon on bagels, muffins & biscuits served with seasonal fruit		

	Price	Cal
Veggie frittata	\$9.29	413
A variety of fresh vegetables with eggs, topped with cheese and baked. Served with home fries, and seasonal fruit		
French toast	\$7.99	553
French toast with maple syrup, served with seasonal fruit		
Breakfast quiche	\$7.99	513
Broccoli and cheddar, Lorraine and spinach & cheese quiches, served with fresh fruit		

Calories represent an average plated meal.



# Deli

	Price	Cal
Box lunch	\$9.29	530-1022

Selection of sandwiches, potato chips, fresh baked cookies and beverages. Sandwiches are prepared on Kaiser rolls with lettuce, tomato and your choice of protein.

**Choice of protein:** baked ham and Swiss, roasted turkey and provolone, roast beef and cheddar (**minimum 12**), tuna salad, and chicken salad. Veggie salads available upon request

Deli sandwich or wrap		
platter	\$8.29	663
Assorted sliced deli meats and cheeses served on a variety of breads, served with a choice of potato, macaroni or pasta salad and chips		

Deli salad trio	\$9.29	618
House made chicken, tuna and egg salad, served with croissants, mixed greens and fresh fruit		

	Price	Cal
Soup and half sandwich or salad	\$7.49	350-520
A variety of half deli sandwiches or your choice of salad with the soup of the day, served with chips		

Chicken Caesar salad	\$9.29	618
Chopped romaine lettuce, croutons, parmesan cheese, grilled chicken breast and creamy Caesar dressing		

Grilled or crispy chicken salad	\$10.29	654
Grilled or crispy chicken served with mixed greens, shredded carrots, grape tomatoes, red onion, chopped egg, chopped bacon with an assortment of dressings		



Calories represent an average plated meal.



# lunch

	Price	Cal
Carolina BBQ Pulled pork or chicken barbecue, Cole slaw, baked beans, and brioche rolls <b>(30 or more to split protein)</b>	\$9.29	825
Chicken parmesan Breaded chicken breast topped with provolone, mozzarella and marinara, pasta, garlic bread, seasonal vegetables, and tossed salad	\$9.29	776
Beef tips Marinated sirloin, mushroom gravy, mashed potatoes, sautéed vegetables, and tossed salad	\$10.99	504
Pasta Buffet Penne pasta, meatballs or grilled chicken, seasonal vegetables, Alfredo or marinara sauces, garlic bread and tossed salad	\$10.29	841

	Price	Cal
Taco or fajita bar Mexican-style seasoned beef or grilled chicken with crispy and soft tortillas, lettuce, tomato, Spanish rice, black beans, cheese, salsa, and sour cream <b>(30 or more to split protein)</b>	\$11.29	826
Chicken cordon bleu Sauteed chicken breast with ham and Swiss cheese, redskin potatoes, green beans, and tossed salad	\$9.29	466
Baked potato bar Large russet potatoes with all the fixins' - whipped butter, chili, sour cream, broccoli, bacon, cheese, and scallions	\$9.29	727
Seasoned baked cod Oven-roasted cod, seasonal vegetables, rice and tossed salad	\$11.29	365
Fresh baked pizza With your choice of up to 2 toppings, cookie tray served with a tossed salad. (We factor 2 slices per person)	\$10.29	840

Calories represent an average plated meal.



# Appetizers

	Price	Cal
Cheese display Served with grapes, crackers and gourmet mustard	\$3.99	344
Fresh fruit tray Served with yogurt dipping sauce	\$3.99	130
Pinwheels Tortilla rolls with creamy seasoned cheese and assorted sliced deli meats	\$2.49	150

	Price	Cal
Vegetable crudité tray Served with ranch dipping sauce	\$2.99	130
Chips & salsa	\$2.39	179
Meatballs Sweet & sour or marinara	\$2.79	175



Calories represent an average plated meal.



# Bakery Beverages

	Price	Cal
Brownies Chocolate chunk brownies <b>Gluten free option available</b>	\$2.99	227
Cookies Chocolate chip, sugar, peanut butter and oatmeal raisin <b>Vegan Chocolate Chip available</b>	\$1.99	180
Cookie and brownie tray	\$2.49	180-227

Specialty desserts are available upon request.  
Please call your event coordinator to request a  
menu.

	Price	Cal
Fresh brewed coffee	\$2.79	0
Assorted juice	\$1.99 each	121
Bottled water	\$1.29 each	0
Soda	\$1.29 each	96
Iced water tower 3 gallon Served 20-40 guests, includes cups		
citrus infused	\$20.00	0
cucumber and melon	\$20.00	0
plain	\$15.00	0
Tea Bags	\$1.00 each	0