

Becoming the Leader Within and Developing It in Others

Part 1: Leadership Reflection

Leadership Credibility

Credibility is built when your words, actions, and values align.

Reflection:

What values do I want my team to consistently see in me?

Where are my actions clearly aligned with those values?

Where might there be gaps between what I say and what I do?

Part 2: The Five Practices of Leadership

Which practice do you most need to strengthen right now?

- Model the Way
- Inspire a Shared Vision
- Challenge the Process
- Enable Others to Act
- Encourage the Heart

Why did you choose this one? And why?

Part 3: Model the Way (Lead Yourself First)

Leaders go first—your behavior sets the standard.

What is one behavior you want your team to see consistently in you? Why did you choose this?

What is one situation this week where you can model that behavior? What impact will it have?

What might get in the way of following through? How will you overcome that hurdle?

Part 4: Encourage the Heart (Develop Others)

What gets recognized gets repeated.

Who on your team deserves recognition right now? Why did you pick this person?

What specifically have they done well? What impact did it have on your organization?

How will you recognize them this week? (Be specific.)

Part 5: Your Leadership Challenge

Leadership is developed through consistent action.

This Week's Commitment

One behavior I will model:

One person I will intentionally encourage:

Part 6: Accountability

Growth accelerates when someone else is involved.

Who will you share this commitment with?

When will you follow up with them?

Final Reflection

What would change on your team if you consistently practiced these behaviors?

A Final Thought

Leadership is not a title you hold—it's a set of behaviors you practice. What you do this week matters more than what you learned today.

If you'd like to continue developing these leadership practices in a structured, supportive environment, additional training opportunities are available through our upcoming programs.