

GOOD MORNING

• MARKET •



breakfast your way

eggs cooked to order	\$1.19	75 cal.
egg whites cooked to order	\$1.19	17 cal.
bacon (3)	\$1.89	130 cal.
sausage patties (2)	\$1.89	340 cal.
sausage links (3)	\$1.89	280 cal.
buttermilk pancakes	\$1.49	510 cal.
french toast	\$1.49	180 cal.
tater tots	\$2.09	500 cal.



Add extra bacon	\$1.09	cal. 30
Add extra sausage	\$1.09	cal. 90-180
Add extra cheese	\$0.50	cal. 100

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

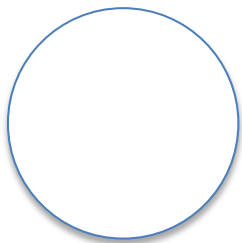
GOOD MORNING

• MARKET •



breakfast your way

bacon, egg & cheese muffin	\$4.29	450 cal.
bacon, egg & cheese biscuit	\$4.29	590 cal.
sausage, egg & cheese muffin	\$4.29	520 cal.
sausage, egg & cheese biscuit	\$4.29	570 cal.
ham, egg & cheese muffin	\$4.29	433 cal.
ham, egg & cheese biscuit	\$4.29	440 cal.
egg & cheese muffin	\$3.19	373 cal.
egg & cheese biscuit	\$3.19	380 cal.



2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

GOOD MORNING

• MARKET •



cheese omelet \$2.99 filled omelet \$4.49

Step 1

choose your eggs

cage free eggs
egg whites

cal. 225
cal. 50

Step 2

choose three fillings

onions	add cal. 15	spinach	add cal. 5
green peppers	add cal. 10	cheese	add cal. 50 -100
tomatoes	add cal. 10		
mushrooms	add cal. 0		

Step 3

choose one meat

bacon	add cal. 90
ham	add cal. 60
sausage	add cal. 180

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.