

Happy first day of classes, Lynx! It may be chilly outside, but there's a warm and friendly atmosphere here at Carroll! See below for important information and updates as well as the scoop on all our Welcome Week events.

A Message from Disability Support Services

Carroll cares about your health and success! If you are a student with a disability or health condition – whether visible or invisible, whether mental, physical or learning-related – contact the Office of Disability Support Services to discuss how we may support you either now or in the future. All information remains confidential! Email Disabilitysupport@carrollcc.edu or stop by A101 for more info.

A Message from the Academic Center

The Tutoring Team is here to help you. Join the Canvas course [Academic Services](#) to check out our offerings or come on up to L288 to take a tour of the Academic Center.

Please email Marsha at mnusbaum@carrollcc.edu with any questions. We look forward to supporting you this semester!

Canteen Cafe Hours for Spring

Cafe and Coffee Bar Hours and Menu

Monday – Friday

Saturday & Sunday

8:00 am – 1:30 pm (closed from 10-10:30 am for sanitizing)

Closed

Limited menu includes:

Limited assortment of Grab and Go breakfast items

Limited assortment of Grab and Go sandwiches, wraps, & salads

Limited, pre-made hot items available at the grill

No made to order items on the deli or grill lines

Assorted pre-packaged snack, candy, and pastry items

Assorted bottled beverages

Fresh coffee served from Starbucks (*limited menu available)

Note: Hot entrees, salad bar and fountain drinks are suspended until further notice

Vending Machine Availability

- A “fresh meals” refrigerated vending machine is located in the Cafe vending area.
 - After 1:30 pm each weekday, the machine is stocked with fresh food for the evening.
 - Food choices include sandwiches, salads, wraps, hummus, among other items.
 - A “healthy options” refrigerated vending machine is located in the N building on the second floor.
 - Beverages and dry snacks are located in A, K, L, N, P, and T buildings.
 - Microwaves continue to be available near the vending machines in the A, K, N, and T buildings.
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Fitness Center Hours for Spring

The Fitness Center and Gymnasium use will be by email only. Email Alec Cascardo at acascardo@carrollcc.edu to reserve a time. The Fitness Center will be limited to 12 people total during open hours. Users will have to wear masks when moving around the Fitness Center or between sets. Masks may be taken off during exercise. The Gymnasium will be limited to 15 total with no game play activities. The open hours at this time are:

Fitness Center	Gymnasium
Monday- 10:00AM- 11:00AM, 12:30PM-5:00PM	Monday- 10:00AM-11:00AM, 12:30PM-2:00PM, 3:15PM-5:00PM
Tuesday- 9:00AM-2:00PM, 3:15PM-5:00PM	Tuesday- 9:00AM-2:00PM, 3:15PM-5:00PM
Wednesday- 10:00AM- 11:00AM, 12:30PM-5:00PM	Wednesday- 10:00AM-11:00AM, 12:30PM-2:00PM, 3:15PM-5:00PM
Thursday- 9:00AM-2:00PM, 3:15PM-5:00PM	Thursday- 9:00AM-2:00PM, 3:15PM-5:00PM
Friday- 10:00AM-4:30PM	Friday- CLOSED

Black History Month Convocation at McDaniel College

McDaniel College is hosting its inaugural Black History Month Convocation on Wednesday, February 16, 2022 featuring human rights activist Rev. Nontombi Naomi Tutu. The event, which is free and open to the public, will take place at 6 p.m. (doors open at 5:45 p.m.) in WMC Alumni Hall at McDaniel and there is a livestream option with advance registration.

More information is available here: <https://www.mcdaniel.edu/news/blackhistorymonthconvocation>

What's Happening on Campus for Welcome Week??

- **First Day Fuel Up on 1/31 and 2/1!**
Students can fuel up for the first few days of classes with free water and snacks from 10 am to 3 pm on Monday, January 31 and Tuesday, February 1 outside of the Bookstore in the lower level of the A building.
- **H2Go on 1/31 and 2/1!**
Grab a handbook/planner, event calendar for the year, and a bottle of water from a friendly Carroll employee as you head to class! This event is open to all current, credit students and takes place at the entrance of the A and K buildings from 4:30 to 6:00 pm Monday, January 31 and Tuesday, February 1.
- **Stuff-a-Plush on 2/1!**
Who doesn't love a stuffed animal?! Come and stuff your own animal, co-sponsored by the Pride Alliance! We will be in K119 on February 1 from 10 am -2 pm and this is free to all current, credit students!
- **Welcome Back Lunch on 2/2!**
Come celebrate the start to a new semester with free lunch! Grab a lunch and head to your favorite spot on campus to enjoy. This event will take place Wednesday, February 2 in the Great

Hall from 11 am to 1 pm. This event is open to all students, faculty, and staff. Stop by at 12 pm for the mystery trip reveal!

- **Blood Drive on 2/3!**

The Red Cross is in desperate need of blood donations. Stop by the Blood Drive on Thursday, February 3 from 9 am to 2:30 pm in the Student Center (A202) to do your part. [Sign up here](#) to donate! [Sign up here](#) if you want to volunteer to help at the event.

- **Club Fair on 2/8 and 2/9!**

Come by and sign up to be involved with clubs on campus on Tuesday, February 8 and Wednesday, February 9! Club members will be present from 12 to 1 pm in the Babylon Great Hall both days to talk about their clubs, but you can sign up for the clubs you are interested in at any time through both days!

- **Employer on Campus: Caves Valley Golf Club on 2/9!**

Each Wednesday we'll feature a different employer in the Cafe from 10:30 am to 1 pm looking to hire Carroll students. On February 9, Caves Valley Golf Club will be on campus. Head over to talk to them about job openings!

- **Snow Tubing Trip to Ski Liberty on 2/11!**

We're taking a bus trip to Liberty Mountain to go snow tubing on Friday, February 11! Grab your friends and slide down the mountain with us! Bus will leave CCC at 4:30 pm for 2 hours of snow tubing. We're expected to return to campus around 9:15 pm. Sign up at the Business Office with a \$5 refundable deposit starting today!

Don't forget to connect with Student Engagement online!

- **The Student Engagement DEN on Canvas!**

To keep up with what's happening "on campus," visit the Student Engagement DEN (Digitally Engaged Network) on Canvas. There are weekly events and information about campus resources. You should already be enrolled in the Student Engagement "course." If not,

1. Go to Canvas.
2. Click on Courses on the left-hand menu.
3. Click on all courses and then browse more courses.
4. Search for Student Engagement.

- **Follow Student Engagement on Instagram and Facebook!**

Follow Student Engagement on Instagram and Facebook @CarrollCCStudentEngagement! We'll post tips, quotes, funny things, and host contests where you can win e-gift cards. Follow us today!