

The Carroll Claw | Week of 5/5!

Hi!

There are only two more weeks of classes before finals week. We know it can be challenging to finish out the semester so see below for all of the events to support you through finals week! From free breakfast to stickers to swing dancing and petting pups--there's something for everyone!



Student Satisfaction Survey Closes Today!

Today is the last chance to let the College know what you think! The opportunity to take the Student Satisfaction Survey won't come around for another two years. Thank you to all who have already provided your valuable feedback to help Carroll College continue to improve and be successful.

If you haven't yet taken the survey, please take a few minutes to answer before midnight tonight (Monday, May 5). The three Carroll swag winners will be randomly selected so please check your Carroll email account this week to see if you were lucky!

The President's Internship Program is Now Accepting Applications!

This unique opportunity gives students the chance to:

- Engage with campus leadership
- Attend exclusive events
- Share their experiences and perspectives through content creation
- Develop leadership, communication, and professional skills

Interns serve as a bridge between students and the president's office.

Apply now to be part of something impactful!

Come Grab a Free T-shirt!

If you haven't received a jade green Lynx t-shirt this year, stop by the Student Engagement Office to pick one up!

One per person while supplies last. Available to all students and employees.



May is Mental Health Awareness Month!



Take a break, breathe, and try one of these self-care ideas today to recharge:

- Journal your thoughts: Take a moment to reflect.
- Stay hydrated: It's an easy way to refresh your mind and body.
- Stretch it out: 5 minutes can help release tension.
- Call a friend: Sometimes, a quick chat can brighten your day.
- Go for a walk: Connecting with nature can boost cognition and creativity.

Carroll Credit Students, get TimelyCare for free benefits like:

- 6 counseling visits □
- 24/7 support through TalkNow□
- Self-care content like yoga and meditation. □♀
- Health coaching

Check out the **Carroll Resource Database** to find additional resources, both on and off campus, to support your wellbeing.

Need immediate emotional support?

- Call 988.
- · Click to learn what to expect when you call.

News from Advising

Frostburg State University Rep on Campus

Please visit FSU's Transfer Table in the Café on Monday, May 5 from 10:00 am to 1:00 pm. Admissions Recruiter, Ray Duffy, will be here to answer your questions.





Stevenson University Online Virtual Q&A Sessions in May

Summer registration is open and we're accepting applications for summer and fall starts. If students are interested in obtaining a bachelor's, master's, or graduate certificate with our 20% partnership advantage, this is a great time for them to apply. Admissions Q&A series take place this month and they will continue through the summer and fall registration periods. These 30 minute, free sessions are great opportunities for students to ask our Enrollment Counselors any questions you may have about starting an online program, applying, and program benefits.

Admissions Q&As - May 2025

- May 6 at 4 pm click to register
- May 22 at 12 pm click to register

University of MD School of Nursing Rep on Campus

Please visit University of MD School of Nursing's Transfer Table in the Café on Friday, May 9 from 10:00 am to 1:00 pm. Admissions Recruiter, Susan Colvin, will be here to answer your questions.





Notre Dame of MD University Rep on Campus

Please visit Notre Dame of Maryland University's Transfer Table in the Café on Monday, May 12 from 10:00 am to 1:00 pm.

Admissions Counselor, Reginal Duffy, will be here to answer your questions.

WVU Still Accepting Applications for Fall

STUDENTS CAN STILL APPLY FOR FALL 2025! WVU operates on rolling admission. Our Fall application deadline is August 1. WVU encourages students to **apply now** to allow appropriate time for credit review, course registration, financial aid, housing arrangements, and other steps to be a



Events This Week!



PTK Presents... Trivia Tuesday

Date: Tuesday, May 6

Time: 3:00 pm

Location: Honors Lounge

(L091A)

Phi Theta Kappa is hosting Tuesday Trivia! Food, drinks, and prizes will be provided.

Please RSVP here! Email aspreitzer@carrollcc.edu with questions.



Children's Show Tour Auditions!

Date: Wednesday, May 7 **Time:** 3:30 to 5:00 pm & 7:00

to 8:30 pm **Location:** P519

Auditions for our Fall show for the kiddos!

School Invaders

By John and Maureen Cieslinski

Please note: Priority will be given to students for Assistant Director (if interested). All students, faculty/staff, and community members are eligible to audition, but must be available for the noted Friday tour dates (on flyer) during the day!

There is a copy of the script on reserve in the library if you would like to read it first!



Phi Theta Kappa Induction Ceremony

Date: Thursday, May 8 **Time:** 5:30 to 6:30 pm **Location:** Bollinger Family Conference Center (K100)

On Thursday, May 8 the Carroll Chapter of Phi Theta Kappa will hold an induction ceremony for its 2024-25 class of new members. Join us as we celebrate these students and their remarkable academic achievements!

Save the Date!

Brunch So Hard with PTK!

Date: Monday, May 12 **Time:** 9:30 to 11:30 m **Location:** K119

Struggling at the end of the semester? Need a pick-me-up before finals? Forget to eat today?

We got you! Free brunch on us!





Sniff Testing: Scratch n' Sniff Stickers

Date: Monday, May 12 **Time:** 11:00 am to 1:00 pm **Location:** Library Lobby

Join the Library for a unique sniff sampling experience like no other. Put your nose to the challenge and explore a variety of intriguing scents, from delightful smells to some stinky ones! Vote for your favorite, and keep the stickers!



Paws & Relax with Therapy Dogs

Date: Monday, May 12 & Wednesday, May 14
Time: 11:00 am to 1:00 pm
Location: Courtyard
between C, P, and T

buildings

Date: Thursday, May 15 Time: 11:00 am to 12:00 pm Location: Courtyard between C, P, and T

buildings

A calm mind is a smart mind. Pet a puppy, relax, and recharge before hitting the books. More details coming soon!

Special THANK YOU to My Caring Paws and their

volunteer teams!

Hosted by the Wellbeing Committee and Wellness Subcommittee.



Swing Dance Social

Date: Thursday, May 15

Time: 9:30 am

Location: Gym (P527)

Join the Lifetime Fitness class for swing dance!



Lynx Level Up: Interview Preparation

Date: Tuesday, May 13

Time: 2:00 pm Location: A125

Feeling nervous about interviews? Learn essential tips and strategies for mastering your interview skills and boosting your confidence.

Sign up HERE



Get It Done: Snacks & Study Sesh NEW DATE!

Date: Wednesday, May 14 **Time:** 4:00 to 6:00 pm **Location:** Academic Center

Feeling ready for finals?
Come to the Academic
Center and study in a cozy
group - snacks and brain



Grad Cap Decorating & Cider Toast

Date: Thursday, May 15 **Time:** 11:30 am to 1:30 pm **Location:** Babylon Great Hall

If you're graduating this semester or over the summer, stop by this event for refreshments, grad cap breaks provided! There will be librarian and writing tutor help available.

SPRING STUDENT

ENSEMBLES

Theater in the Scott Center

Westminster Symphony Orchestra

Director: Linda Kirkpatrick Assistant Director: Cindy Rosenberg Saturday, May 10 | 3 p.m.

Directed by Dr. Phil Ravita Tuesday, May 13 | 7 p.m.

Directed by Athena Hiotis

& Jazz Combo

Alexandra Johannsen

Friday, May 16 | 7 p.m.

Wednesday, May 14 | 7 p.m.

Vocal Chamber Ensemble

Rock 'N' Roll Ensemble (02)

Rock 'N' Roll Ensemble (01)

Vocal Chamber Ensemble directed by

Jazz Combo directed by Tim Jenkins

FREE ADMISSION TO ALL CONCERTS

CARROLL COMMUNITY COLLEGE

decorating, and free sparkling cider!

Sponsored by the Advising Office and Student Engagement.

Check Out the Student Ensembles!

Westminster Symphony Orchestra

Director: Linda Kirkpatrick

Assistant Director: Cindy Rosenberg

Date: Saturday, May 10

Time: 3:00 pm

Location: Theater in the Scott Center

Rock 'N' Roll Ensemble (02)

Directed by Dr. Phil Ravita **Date:** Tuesday, May 13

Time: 7:00 pm

Location: Theater in the Scott Center

Rock 'N' Roll Ensemble (01)

Directed by Athena Hiotis **Date:** Wednesday, May 14

Time: 7:00 pm

Location: Theater in the Scott Center

Vocal Chamber Ensemble & Jazz Combo

Vocal Chamber Ensemble directed by Alexandra Johannsen Jazz Combo directed by Tim Jenkins

Date: Friday, May 16

Time: 7:00 pm

Location: Theater in the Scott Center





Carroll Community College | 1601 Washington Road | Westminster, MD 21157 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email marketing for free today!