

Resource Database

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On-Campus

Starfish

- If you or someone else needs help with mental/emotional and/or human services, or anything else related to your well-being or academic conduct, please “raise your hand” in Starfish and complete a Student Concern Report. Alternatively, you can complete a webform by clicking on the Student Concern Report Icon on a College desktop computer. The Director of Student Care and Integrity will work with a team to reach out and provide you with support and/or resources.
<https://www.carrollcc.edu/Student-Services/Student-Resources/Student-Care-And-Integrity/>

Campus Police

- Carroll Community College's Campus Police is staffed by highly trained personnel including seven full-time, sworn special police officers and several part-time special police officers and public safety officers. Officers respond to, investigate, and report all crimes and incidents for proper action. To prevent crime and enforce college policies, officers provide routine vehicle and foot patrols, enforce parking regulations, issue parking citations, and provide escort service for individuals to vehicles when required or requested. Emergency Assistance: Dial 8123 from a classroom or hallway telephone, for any police service on campus. Call 410-386-8123 from an external phone. For non-emergencies: Call 410-386-8123 during regular office hours or 410-386-8000 after hours. On the parking lot: Call 410-386-8123 and use the "Help Locator" signs to report your location to the call taker. The Campus Police Office is located in A137 of the A Building and can be reached by calling 410-386-8123.
<https://www.carrollcc.edu/About/On-Campus/Campus-Police/>

Student Engagement

- Student Engagement offers a variety of activities and programs including Student Clubs and Organizations, Student Government, Leadership Opportunities, Service Learning and Volunteer Opportunities, and more. If you have ideas regarding planning and programming, please share them with Student Engagement. Office: A118 | Call: 410-386-8500 | Email: studentengagement@carrollcc.edu Visit the Student Engagement webpage for more information.
<https://www.carrollcc.edu/Student-Engagement/>

The Office of Student Care & Integrity

- If you or someone else is dealing with a mental health, human services, and/or behavioral/academic conduct concern, please raise your hand in Starfish or complete a webform by clicking on the Student Concern Report Icon on a

Resource Database

College desktop computer to notify the Director, Dr. DaVida Anderson, and she will collaborate with a team to provide necessary support/resources.

Dr. DaVida Anderson, Director of Student Care & Integrity

Office: A117 | Call: 410-386-8217 | Email: danderson3@carrollcc.edu

<https://www.carrollcc.edu/Student-Services/Student-Resources/Student-Care-And-Integrity/>

Advising, Career, and Transfer Center

- Academic Advising

For help with registration, course/transfer planning, selecting a program of study and more, schedule an appointment with your advisor.

<https://www.carrollcc.edu/Student-Services/Student-Resources/Advising/>

Call: 410-386-8435 | Email: advise@carrollcc.edu

- Career Development

Career Development will help you focus on your career needs, develop a plan to achieve your goals and prepare you for the changing employment market.

<https://www.carrollcc.edu/My-Carroll/Career-Development/>

- Transfer Center

Transfer Center admissions counselors are here to help students planning on transferring to Carroll or from Carroll, and they can provide you with an estimate of many classes will successfully transfer. Contact the advising office for more information.

<https://www.carrollcc.edu/Student-Services/Student-Services-Overview/Advising,-Career,-and-Transfer-Center/>

Disability Support Services & Title IX

- Carroll Community College is committed to making academic learning and personal growth as accessible as possible for every student. The College fosters an environment sensitive to every student's needs and unique circumstances. Follow the instructions on the Disability Support Services page for current students to make an accommodations/services request of the Disability Support Services office.

Please contact the office at Disabilitysupport@carrollcc.edu

Disability Support Services: <https://www.carrollcc.edu/disability/>

Title IX Information: <https://www.carrollcc.edu/Title-IX/Title-IX-/-Sexual-Misconduct/>

Library

- The mission of the Carroll Community College Library and Media Center is to empower its users by creating an environment conducive to the advancement of information literacy. It offers services for students and faculty in tutorials, subject research databases, research guides, citing/evaluating, media, among others.

Please contact a librarian if you have any questions.

Reference Desk – Call: 410-386-8340 | Circulation Desk – Call: 410-386-8330

Email/contact a librarian by visiting the home website.

<https://library.carrollcc.edu/home>

Resource Database

Academic Services

Academic Services offers a combination of on campus tutoring in the Academic Center (L288) and online tutoring through Microsoft Teams. To take advantage of this free support, please join the Academic Services Canvas Course site.

Join the Canvas course site

here: <https://carrollcc.instructure.com/courses/1070> to learn more about your tutoring options.

Please contact Marsha Nusbaum at mnusbaum@carrollcc.edu or academicsservices@carrollcc.edu or call 410-386-8300 if you have any questions about tutoring.

<https://www.carrollcc.edu/Student-Services/Student-Resources/Tutoring-and-Study-Skills/>

College Bookstore

- Carroll's bookstore sells textbooks, supplies, discounted software, clothing, gifts, graduation items and much more. You can visit the Bookstore or purchase many of these items online.

Search, purchase, and rent textbooks, as well as view Carroll's textbook-buying options.

Call: 410-386-8447 or visit online.

<https://www.bkstr.com/carrollccstore/home>

Carroll Food Locker

- The Carroll Food Locker Program (CFLP) offers grocery assistance to Carroll Community College faculty, staff, and students in need. The program is made possible from Student Life sponsored food drives of non-perishable food donations from faculty, staff, and students.

All students, credit and non-credit, who are registered for the current semester and current faculty and staff can participate. No financial information is required to determine eligibility.

To sign up for the Food Locker, please email studentengagement@carrollcc.edu.

Food items vary from week to week, but primarily consist of canned foods, dry goods, and limited amounts of frozen meats and produce. We also have a limited supply of hygiene products.

Clients can sign up for an appointment by emailing

studentengagement@carrollcc.edu or calling 410-386-8500.

The Food Locker is located on the lower level of the Great Hall, under the stairs and across from the vending machines.

<https://www.carrollcc.edu/Student-Services/Student-Resources/Carroll-Food-Locker/>

Financial Aid

- Financial support to help pay for college is available for qualifying students. For more info, call 410-386-8437 or email FinancialAid@carrollcc.edu
<https://www.carrollcc.edu/Costs-and-Aid/Scholarships-and-Financial-Aid/>

Democracy Lab

- Democracy Lab is an experimental, non-partisan initiative aimed at fostering our community's commitment to the project of American citizenship.

Resource Database

Through the deployment of skills-building workshops and facilitated discussions, the Lab aims to serve as a gathering place where students, staff and community members can assemble and engage with one another in the kind of candid and civil exchange of ideas that a healthy democracy requires.

If you have any questions or interest in events, email

democracylab@carrollcc.edu

<https://www.carrollcc.edu/Democracy-Lab/>

The Carroll County Community Mediation Center (CCCMC)

- Resolve Conflicts Productively

The CCCMC offers free conflict coaching, mediation, and facilitation services to county residents at times and locations convenient to participants (*now including virtual appts). We also offer professional training in conflict management, which can be catered to your organization's needs.

The Mediation Center provides a safe and neutral environment for people who are experiencing conflict with families, friends, neighbors, landlords, tenants, businesses, consumers, co-workers or within organizations.

To take advantage of mediation services or learn about volunteer opportunities:

Phone: 410-848-1764 | Fax: 410-848-5479 | Email: CCCMC@carrollcc.edu

www.facebook.com/carrollmediation

<https://www.carrollcc.edu/Student-Services/Community-Mediation-Center/>

Child Development Center – Littlest Learners

- Provides a safe, pre-school environment for children (ages 2-5) of college students, employees, and the community. Offers flexible schedules, from 1 to 5 days a week, in the morning, afternoon or all day. Student and sibling discounts are available.

Check website for information about hours, available year-round, half & full-day openings.

1601 Washington Road, K135, Westminster, MD 21157

Call: 410-386-8470 | Email: childcare@carrollcc.edu

Fees & Registration Apply

<https://www.carrollcc.edu/Student-Services/Student-Resources/Child-Development-Center/>

Hotlines, Helplines, & Crisis Call/Text Lines

Mental Health

- Carroll County Mobile Crisis Hotline: 410-952-9552
9am-12am

<https://www.thesantegroup.org/carroll-county-crisis>

The Sante Group serve as mental health first responders for individuals or groups who are experiencing a mental health and situational crises. The Sante Group provides emergency psychological assessment, immediate intervention for individuals, family, and community crisis events.

- BHS Student Assistance Program (SAP)

Feeling stressed or depressed? Need to talk to someone?

Carroll students have FREE, 24/7 access to confidential counseling & other services to support your well-being

Resource Database

Call 800-327-2251 | Download the BHS App, or visit:
portal.BHSONline.com | Username: CARROLLCC

- WARMLine
If you're feeling anxious, depressed or just need someone to talk to, call 211 and ask for the WARMLine OR call (443) 608-9182 directly today for help. A mental health professional is standing by to listen to your concerns and refer you to any additional resources you may need.
<https://probonocounseling.org/seeking-care/warmline/>
- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
<https://suicidepreventionlifeline.org/>
- Crisis Text Line: 741741
Text "HOME" to 741-741.
Provides 24/7 secure crisis response from a live, trained counselor, helping you move from a hot moment to a cool moment.
<https://www.crisistextline.org/>
- The Trevor Project
Provides 24/7 crisis intervention and suicide prevention services to LGBTQ young people under 25.
TrevorLifeline: 1-866-488-7386
TrevorChat: through website
TrevorText: text START to 678-678
<https://www.thetrevorproject.org/>
- NAMI HelpLine: 1-800-950-NAMI (6264)
Or email info@nami.org
M-F 10am-6pm
<https://www.nami.org/help>
The NAMI Helpline serves as a peer-support service providing information, resource referrals and support to people living with a mental health condition, their family members and caregivers, mental health providers, and the public.
- Safe Call Now
206-459-3020
CONFIDENTIAL, comprehensive, 24-hour crisis referral service for all public safety employees, all emergency services personnel, and their family members nationwide.
<https://www.safecallnowusa.org/>
- Veterans Crisis Hotline
1-800-273-8255 and Press 1 or text 838255
The Veterans Crisis Line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service.
- LGBT National Hotline
888-843-4564
This hotline provides confidential peer-support, information, local resources, and more to calls of all ages.

Resource Database

Family and Children's Services

- Family and Children's Services
24-hour Domestic Violence Hotline: 443-865-8031
22 North Court Street, Westminster, Maryland 21157
<https://www.springboardmd.org/>
The Carroll County Domestic Violence Hotline provides resources and information for domestic violence victims or offenders seeking counseling in Carroll County. It is a free, 24-hour hotline.
- Family Law Hotline
800-845-8550
To provide general legal information about family law (or domestic relations); this hotline is staffed by attorneys experienced in family law, ready to assist callers with issues of family law, including divorce, custody, child support, visitation, third party custody, alimony, name change, and other family law issues.
Attorneys can provide information and appropriate referrals to service providers that might be available to assist the caller.
<https://www.peoples-law.org/family-law-hotline>

Sexual Violence

- Rape Crisis Intervention Service of Carroll County
224 N. Center Street, Room 102, Westminster, MD 21157-5134
24-hour hotline: 410-857-7322
410-857-0900
info@rapecrisiscc.org
rapecrisiscc.org
Provides counseling and support services that are free and confidential to survivors of sexual violence, as well as their friends and family. Services include a 24-hour hotline, therapy and support groups, accompaniment to legal meetings and court dates, and outreach and education programs.
- The National Domestic Violence Hotline: 800-799-SAFE (7233)
<https://www.thehotline.org/>
The National Domestic Violence Hotline is a free, confidential, 24-hour hotline that offers support, safety planning, intervention, prevention, and local resources.
- The National Sexual Assault Hotline: 800-656-HOPE (4673)
<https://www.rainn.org/about-national-sexual-assault-telephone-hotline>
The National Sexual Assault Hotline offers crisis intervention services in English and Spanish via telephone and online chat, and referrals to local providers.
- House of Ruth Domestic Violence Legal Clinic
www.hruth.org
24-hour hotline 410-889-7884 ((410)889-RUTH)
Legal office: 888-880-7884
The House of Ruth Legal Clinic helps survivors of domestic violence obtain protective orders, peace orders, divorce decrees, child custody, and child support for free.
- Maryland Network Against Domestic Violence
www.mnadv.org

Resource Database

National Domestic Violence Hotline: 1-800-799-SAFE (7233)
800-634-3577(1-800-MD-HELPS)
6911 Laurel Bowie Road, Suite 309
Bowie, MD 20715

Maryland Network Against Domestic Violence is a coalition that brings together victim service providers, allied professionals, and concerned individuals to reduce intimate partner violence. The coalition provides education, awareness, training, technical assistance, lethality assessment programs, advocacy, and collaboration with local, state, and national organizations.

Substance Abuse

- Carroll County 211 Helpline
Call 2-1-1 to access free & confidential counseling on food, healthcare, and other resources
<https://211md.org/resources-by-county/carroll-county/>
- Al-Anon Family Groups of MD and DC, Area 24
Baltimore Area Al-Anon Information Service
PO Box 878, Olney, MD 20830
24-Hr Hotline: 410-857-7000
24-hour answering machine for meeting information & messages
- Alcoholics Anonymous
24 Hour Hotline: 410-663-1922
<https://alcoholicsanonymous.com/5-reasons-to-call-an-aa-24-hour-hotline/>

Mental Health & Self-Care

On-Campus

- Starfish
If you or someone else needs help with mental, emotional, and/or human services, or anything else related to your well-being, please raise your hand in Starfish (Links to an external site.) (Links to an external site.) and complete a Student Concern Report.
Alternatively, you can complete a webform by clicking on the Student Concern Report Icon on a College desktop computer.
The Director of Student Care and Integrity, Dr. DaVida Anderson, will work with a team to reach out or follow up with you and provide support and/or resources.
<https://www.carrollcc.edu/Student-Services/Student-Resources/Student-Care-And-Integrity/>
- BHS Student Assistance Program (SAP)
Feeling stressed or depressed? Need to talk to someone?
Carroll students have FREE, 24/7 access to confidential counseling & other services to support your well-being
Call 800-327-2251 | Download the BHS App, or visit:
portal.BHSONline.com | Username: CARROLLCC

Community Resources

- Carroll Anti-Stigma Resilience Effort (C.A.R.E.)

Resource Database

The Partnership for a Healthier Carroll County, Inc.
295 Stoner Avenue, Suite 306
Westminster, MD 21157
410-871-7645

<https://healthycarroll.org/c-a-r-e/>

The goal of C.A.R.E. is to improve the lives of those struggling with a mental health or substance abuse concern by *increasing knowledge, reducing discrimination, and removing barriers to treatment and recovery*. Greater awareness and understanding will let those who need help obtain it within a more supportive community, and ultimately to achieve greater health and well-being.

Offers connections to mental health and substance abuse concerns resources and support.

- National Alliance on Mental Illness (NAMI) Carroll County

<http://namiccmd.org/>

National Alliance on Mental Illness (NAMI) Carroll Co. educates, advocates, listens, and leads mental health programs in the county.

Visit their website for info on services, resources, online support groups, events, and volunteer opportunities.

- American Foundation for Suicide Prevention (AFSP) - MD Chapter

<https://afsp.org/chapter/maryland>

Educates communities about mental health & suicide prevention, advocates for public policy, and offers support for suicide loss survivors.

See their page for more info about their programs (like Seize the Awkward & #RealConvo) & upcoming events in our area.

AFSP - Have a #RealConvo About Mental Health! Look up Quick Tips & #RealConvo Guides on how to start (and continue) conversations on mental health, reach out for help, and more!

<https://afsp.org/realconvo#realconvo-guides>

<https://youtu.be/lGOaN0jLFXA>

- Pro Bono Counseling Project & the WARMLine

<https://probonocounseling.org/>

If you are a Marylander experiencing stress, anxiety, sadness, grief, a life transition, relationship issues, or any other issue that can be addressed through talk therapy, but you are facing difficulties affording counseling, reach out to the Pro Bono Counseling Project at (410) 825-1001.

The WARMLine is available weekdays from 10:00AM – 6:00PM.

If you're feeling anxious, depressed or just need someone to talk to, call 211 and ask for the WARMLine OR call (443) 608-9182 directly today for help. A mental health professional is standing by to listen to your concerns and refer you to any additional resources you may need.

- Mental Wellness Care Group

Crossroads Community Church

895 Leidy Road, Westminster MD 21157

<https://www.myccc.church/mental-health-support/>

This group for adults offers a safe place for those who struggle with a range of emotions such as depression, loneliness, fear, anxiety, compulsions, and obsessive thoughts.

Veteran and Non-Veteran PTSD

- Maryland TraumaNet
<https://www.maryland-traumanet.com/mental-health/online-support-communities-you-are-not-alone/>
Maryland TraumaNet offers a comprehensive list of online support groups and communities for different mental health conditions.
- PTSD Alliance
<http://www.ptsdalliance.org/help/>
Provides list of resources/support links, including directories and tools to find PTSD support groups in your area.
- Trauma Survivors Network – Peer Support Groups
<https://www.traumasurvivorsnetwork.org/pages/peer-support-groups>
Contains information about how to join a peer support group and locate one in your area. Also has an online community forum of their own to (as written on website) “link up with other survivors and their families for information, support, and hope.”
- CPTD Foundation – Safe Virtual Community
<https://cptsdfoundation.org/safe-support-groups/>
Has a virtual “Safe Support Group” that exists as a private Facebook group for adults living with Complex PTSD, moderated by CPTD Foundation Staff.
- Bridges to Recovery – Finding Support Groups/Networks
<https://www.bridgestorecovery.com/blog/staying-ahead-of-ptsd-finding-support-groups-or-networks/>
To view the recommended online groups/communities/online forums, scroll down to “A Variety of Available Forums”
- Everyday Health, PTSD-Guide-Resources
<https://www.everydayhealth.com/ptsd/guide/resources/>
To view their list of support groups, scroll down to “Best Advocacy and Support Groups for PTSD”. Some of these groups are for military veterans, but not all—there are also other resources/info offered on this site.
- PTSD United
<https://ptsdunited.org/>
A health & wellness website with articles, reviews, and information about topics related to PTSD and other health issues—has a free, anonymous online social/support community.
- Hope Recovery
<https://www.hope4-recovery.org/group.html>
Registration site for their Support Groups & Workshops.
From their Home page: “Hope Recovery’s support program offers survivors of abuse and sexual trauma a variety of support groups, workshops, newsletters, and publications to assist, educate and support the journey of healing. Related issues that survivors may experience include PTSD, dissociation, eating disorders, and relapse prevention for addictions.”
- Gift From Within
<https://www.giftfromwithin.org/html/groups.html>

Resource Database

Contains information about PTSD support groups (online & offline) by state/country and other resources about PTSD and trauma.

- Mental Health America
<https://www.mhanational.org/find-support-groups>
“Find Support Groups” Tool/Database
Contains information about national and local specialized support group options (including PTSD), as well as other resources. More of a general resource.
- VeryWellMind
<https://www.verywellmind.com/best-online-anxiety-support-groups-4692353>
List of “Best Online Anxiety Support Groups”
- National Center for PTSD
<https://www.ptsd.va.gov/index.asp>
While this is a resource from the U.S. Dept of Veterans Affairs, it does have resources about PTSD awareness, services, and getting help for all who need support
- Gateway to Post Traumatic Stress Disorder Information
<http://www.ptsdinfo.org/>
Website containing links to other sites/organizations that provide PTSD support/advocacy (National Center for PTSD, The Dart Center for Journalism and Trauma, Gift from Within, The National Center for Victims of Crime)
- The Dart Center
“Resources on Self-Care & Peer Support” (<https://dartcenter.org/topic/self-care-peer-support>)
“PTSD & Mental Health” (<https://dartcenter.org/topic/ptsd-mental-health>)
Contains information in the form of articles, tips, videos, and other tools through their site about coping with traumatic stress, PTSD, and managing mental health
- Sidran Institute: Traumatic Stress education & Advocacy
<https://www.sidran.org/for-survivors-and-loved-ones/>
Contains helpful resources for survivors and loved ones, among other trauma resources such as articles/fact sheets, info about treatment options, and special topics.

National Resources

- Centers for Disease Control & Prevention (CDC)
<https://www.cdc.gov/mentalhealth/index.htm>
- National Institute of Mental Health (NIMH)
<https://www.nimh.nih.gov/index.shtml>
- National Alliance on Mental Illness (NAMI)
<https://www.nami.org/home>
- Mental Health America (MHA)
<https://www.mhanational.org/>
- MentalHealth.gov
<https://www.mentalhealth.gov/>
- The Substance Abuse and Mental Health Services Administration (SAMHSA)
<https://www.samhsa.gov/>
- The Anxiety & Depression Association of America (ADAA)

Resource Database

- <https://adaa.org/>
- The Trevor Project
<https://www.thetrevorproject.org/>
(LGBTQIA+ Mental Health support)
- Veteran Mental Health
<https://www.mentalhealth.va.gov/>
More resources for Veterans can be found on the Veteran Resources Page
- Helpline's Coronavirus Mental Health Toolkit
<https://www.helpline.org/coronavirus-mental-health-toolkit.htm>
- National Mental Health Association
800-969-NMHA (6642)
2000 N. Beauregard St., 6th floor, Alexandria, VA 22311

Suicide Prevention Sites

- National Suicide Prevention Lifeline
suicidepreventionlifeline.org
The National Suicide Prevention Lifeline is a free and confidential emotional support service to people in suicidal or emotional distress. The Lifeline is available 24 hours a day, 7 days a week, across the United States.
- SPEAK
speakforthem.org
SPEAK promotes the prevention of youth suicide and works to dispel the social stigma surrounding suicide and depression through a campaign of education and awareness at the community level.

Self-Care

- Carroll Community College, Self-Care Reflection Infographic
[Self-Care Reflection](#) - What steps can you take now to focus on your self-care and mental well-being?
- Active Minds
To access their Self-Care & Mental Health page with examples, strategies, recommendations, and other free resources, click this link (<https://www.activeminds.org/about-mental-health/self-care/>)
CCC has its own Active Minds student organization! To learn more and get involved, click this link (<https://carrollcc.instructure.com/courses/3126>).
Blog post: "Managing Wellness During Exam Season"
- <https://www.activeminds.org/blog/managing-wellness-during-exam-season/>
Blog post: "Stress Less Week: 12 Ways to Practice Self-Care During Finals"
- <https://www.activeminds.org/blog/stress-less-week-12-ways-to-practice-self-care-during-finals/>
- Mental Health First-Aid (MHFA)
Visit their page on "How to Create Your Own Self-Care Plan" by clicking this link (<https://www.mentalhealthfirstaid.org/2020/07/how-to-create-your-own-self-care-plan/>)
- VeryWell Mind
Learn how to do a "[Body Scan Meditation](#)" by clicking this link (<https://www.verywellmind.com/body-scan-meditation-why-and-how>)
Learn how to do "[Deep Breathing Exercises to Reduce Anxiety](#)" by clicking this link (<https://www.verywellmind.com/abdominal-breathing>)

Transportation

The Office of Student Care & Integrity

- Connect with The Office of Student Care & Integrity to learn more about services to support your transportation needs.
Raise your hand in Starfish to report your student concern and get connected!
Please contact the Director of Student Care and Integrity/Chair of the Behavioral Intervention Team, Dr. DaVida Anderson, at danderson3@carrollcc.edu or 410-386-8217 if you have questions or need further assistance.

Carroll Transit System

- 1300 Old Meadow Branch Road, Westminster, MD 21158
410-363-0622
www.carrolltransitsystem.com
Demand Response services: Door-to-door service for Carroll County residents traveling within the county. Based on availability, it runs Monday through Friday. All fares are based on 5-mile increments. Advanced reservation is required, no same day transportation.
TrailBlazer: Westminster route operates on Saturdays from 8:00 am - 4:00 pm. All fares must be paid at the time of boarding the vehicle and the exact fare is required. Fares may be paid by cash.
* Carroll Transit System, Operated by Ride With Us, offers two bus pass options to college students attending [Carroll Community College](#) and [McDaniel College](#).
 - Option 1: The TrailBlazer College Bus Pass is \$80.00 per semester, per student, and provides unlimited rides using the TrailBlazer Route Service. Please refer to the [TrailBlazer Route Service](#) information for routes, designated stops, and pick-up/drop-off times.
 - Option 2: Students residing outside of the TrailBlazer Route Service area may utilize Demand Response Service . The rates for this service are as follows:
 - Zones 1 & 2 (0 - 10 miles): \$150.00 per semester
 - Zones 3 & 4 (10 - 20 miles): \$175.00 per semester
 - Zone 5 (20+ miles): \$200.00 per semester
College Bus Passes are available (1) to six (6) weeks prior to the start of the semester. They cannot be purchased outside of this window.
Passes can be purchased at the Carroll Transit System office located at [1300 Old Meadow Branch Road, Westminster, MD 21158](#). For questions, please call 410-386-5550 or email CTS@carrollcountymd.gov
Routes are Taneytown to Westminster; Eldersburg to Westminster; route around Westminster and Eldersburg. Serves all ages
Veteran Shuttle service: The VA Shuttle services veterans in Carroll County and must be registered for the program through the Bureau of Aging.
Click here to download the [College Bus Pass application](#).

Substance Abuse & Prevention

Health Services

- Access Carroll, Inc.
Integrated Health Care

Resource Database

10 Distillery Drive, Suite 200, Westminster, MD 21157

Main Office: 410-871-1478 Fax 410-871-3219

info@accesscarroll.org

accesscarroll.org

Full Time Integrated Care

Ambulatory Detoxification is available all Access Carroll weekday hours and Saturday & Sunday: 9:00am-1:00pm

Access Carroll is an integrated primary care medical home, providing sliding fee scale medical, dental, and behavioral health services for low-income residents of Carroll County of all ages.

- BH Health Services, Inc.
450 E. Main Street, Westminster, MD 21157-5540
410-871-3005
bhhealthservicesinc.com
Treat individuals who are dependent on opioids such as heroin or oxycontin. Provides methadone maintenance treatment.
- Carroll County Youth Service Bureau, Inc.
59 Kate Wagner Road, Westminster, MD 21157-6957
410-848-2500
ccysb.org
Provides outpatient mental health and substance use treatment, as well as continuum of specialty programs for children and adolescents, adults, and families. For a detailed description of these services, please call or refer to the website, ccysb.org.
- Carroll Hospital Behavioral Health Services
Ambulatory Care PHP/IOP (with addiction component)
200 Memorial Avenue, Westminster, MD 21157
410-871-7110
www.carrollhospitalcenter.org/behavioralhealth
Provides clinically intensive co-occurring treatment, education, and support in a structured, yet non-residential, environment. This program is less intensive than in-patient treatment programs yet is designed to meet specific needs of persons seeking treatment appropriate to these levels of care.
The program includes a variety of programs for co-occurring disorders. We will do an intake and determine the appropriate level of care. Levels of care include partial hospitalization programming (PHP), intensive outpatient programming (IOP), both with an addiction component.
Eligible individuals include those in crisis, those having trouble complying with treatment, and those who have been admitted to similar programs in the past. Please call or check the Internet site for details.
- Adult Drug Treatment Court Program
Circuit Court for Carroll County
55 N. Court Street, Westminster, MD 21157-5155
410-386-2851
Aims to reduce dependency through effective allocation of community resources to an intensive, court-supervised program that combines treatment with support services for eligible offenders.

Resource Database

Provides intensive case-management and referrals for community services and resources.

Individuals are referred to Drug Court by the Carroll County Circuit Court.

Community Organizations, Programs, & Treatment

- SAFE Project
<https://www.safeproject.us/>
SAFE Project is a national nonprofit working through a collaborative, multi-pronged and non-partisan approach to end the nation's catastrophic addiction epidemic. It will require concerted efforts along six deeply interwoven lines of operation.
Their services and resources include:
Public Awareness
Full Spectrum Prevention
Prescriptions & Medical Response
Law Enforcement & Criminal Justice
Treatment & Recovery
Family Support & Outreach
- Catocin Counseling
63 E. Main Street, Suite 100, Westminster, MD 21157-5036
410-848-9091
catocincounseling.com
Provides a full spectrum community mental health agency. Counseling is offered for substance abuse, domestic violence/anger management, mental health, families, and couples.
- Cedar Ridge Counseling Centers, LLC
1311 Londontowne Blvd., Suite 130A, Eldersburg, MD 21784-6556
2 Locust Lane, Suite 203, Westminster, MD 21157-5075
410-552-0773
cedarridgecounseling.com
Mental health services include individual, couple, and family therapies. Provides substance abuse assessment and counseling, school consultations, employee assistance, and parent education.
Psychological testing is available. Counseling for dual-diagnosed addictions clients is also available.
- The Counseling Renaissance
7533 Main St., Suite 1F, Sykesville, MD 21784
410-970-6964
gmrassa@verizon.net
counselingrenaissance.com
Offers weekly or biweekly sessions to work on personal goals, improve functioning in the community, and in one's family and/or relationships. Issues include depression and anxiety, marriage, life changes, organization and memory strategies, and caregiver support.
DWI/DUI education and treatment group meets weekly for individual or family therapy.
- Genesis Treatment Services

Resource Database

1106 Business Parkway S, Suite B, Westminster, MD 21157-3054
410-751-7771

admin@genesistreatment.com

genesistreatment.com

Provides opiate-addicted individuals treatment in a climate that supports dignity and respect. Staff members support the philosophy that addiction is a chronic, relapsing disease that can be treated with medication and supportive services. Qualified staff members provide medication, individual and group counseling, and treatment planning in an environment designed to promote quality and optimal outcomes.

Services include addiction assessment, medical evaluation, medication assisted treatments, short- and long-term medically- supervised withdrawal with suboxone, and methadone maintenance.

Staff members also provide referrals to vocational rehabilitation, housing assistance and psychiatric services. After hours phone number is 410-979-0488. Call for eligibility requirements.

Call for fees.

- Healthcare Living for Families

1643 Liberty Road, Suite 206, Eldersburg, MD 21784

410-701-7384

hclff.com

We provide suboxone treatments, substance use disorder treatment, drug and alcohol counseling, psychiatry and medication management, outpatient mental health therapy, psychiatric rehabilitation program (PRP), and mobile treatment services (MT).

- Inner Journey Counseling Center, Gregory Rubin-LCPC

5420 Klees Mill Road, Suite 6, Sykesville, MD 21784-9230

Office: 410-552-5290 Cell: 410-615-6846

innerjourneycc.com

Provides treatment in the following areas: depression, substance abuse, anxiety, grief, bereavement, loss, life transition and review, problems at school or work and spiritual conflicts.

- Integrative Counseling

6220 Georgetown Blvd. Suite C, Eldersburg, MD 21784

410-740-8067

frontdesk@ccs-ic.com

integrative-counseling.com

Hours by appointment

A partner of Congruent Counseling provides tailored educational and psychological testing. Educational and treatment services meet several state requirements for court ordered treatment. State of Maryland certified in outpatient treatment and DWI/DUI education. Offers alcohol and marijuana education sessions.

Other services include anger management, men's' parenting classes, interpersonal violence program, substance abuse/addiction education & treatment, individual, couples or family counseling, and psychiatric medication management.

Visit website for insurance information.

Resource Database

- **Metwork Health Services, Inc.**
2120 Liberty Road, Eldersburg, MD 21784-6723
410-781-4158 Fax: 410-781-4801
networkhealthservices@yahoo.com
Provides methadone maintenance therapy for the treatment of opioid use disorder, along with substance abuse counseling, in an outpatient setting. This program provides person-centered services based on the strengths, needs, abilities, preferences, desired outcomes, and cultural background of the person served.
Serves those with one year of opioid use disorder.
Call for information.
- **Mountain Manor Treatment Center, Westminster Outpatient**
Carroll Plaza Shopping Center, Suite 20 C, Westminster, MD 21157-2927
410-876-2425 | 24- hour toll free emergency number: 800-537-3422
Provides outpatient drug and alcohol treatment, and inpatient assessments. Services include evaluation and assessment, group counseling, family education/counseling, didactic/comprehensive/ relapse prevention, co-dependency counseling, continuing care, and the Motor Vehicle Administration alcohol education program.
Can give referrals to various juvenile programs in the Baltimore area.
- **New Path Counseling Center, LLC**
Carroll Plaza Shopping Center
250 Englar Road, Suite 3, Westminster, MD 21157-2929
410-615-3469
admin@newpathcounselingcenter.com
newpathcounselingcenter.com
Offers individual, family, and couple's therapy. Assessment and counseling for DUI issues/charges available. Works with substance abuse/addiction, depression, anxiety, stress, trauma, grief, divorce, workplace issues, dual diagnosis, and relationship/marriage difficulties.
- **North Carroll Counseling Center/Recovery and Wellness Program**
1011 S. Main Street, Hampstead, MD 21074-2230
410-552-9007
Provides drug and alcohol addiction treatment, dual diagnosis, and outpatient drug treatment center services. Include early intervention and DWI Education. Self-pay and some private health insurance accepted.
- **Re-Entry Mental Health Services**
40 S. Church Street, Suite 105
Westminster, MD 21157-5414
410-848-9244
Provides therapy to the public for loneliness and depression, anxiety, marital conflicts, separation and divorce, phobias, stress, alcohol, codependence, and drugs.
This private mental health service provides therapies including individual psychotherapy, family therapy, marital therapy, couple's therapy, group therapy, alcohol counseling, child psychotherapy, adolescent psychotherapy, stress management, and crisis management.

Resource Database

The alcohol and drug counseling program is certified by the Alcohol and Drug Abuse Administration; also offers a Maryland Vehicle Administration-approved DWI Alcohol Education Program.

- Right Turn Impact
1209 Liberty Road, Suite #102, Sykesville, MD 21784
Call: 410- 581-4900
rightturnimpact.com
Right Turn-IMPACT Treatment Center provides a Recovery Oriented System of Care (ROSoC) designed to help people suffering from substance use disorders find healthy recovery solutions. If you have an alcohol or drug problem, or if you have legal problems related to substance use, we can help you.
- Shoemaker Center
Maryland Treatment Centers, Inc.
Springfield Hospital Center
Hitchman Building - 4th Street
6655 Sykesville Road, Sykesville, MD 21784-7966
410-876-2395
shoemakeradmissions@mmtcmd.com
Provides a residential substance abuse program which allows the patient's body time to become drug and alcohol free, and the mind an opportunity to understand the dynamics of addiction.
This inpatient adult residential treatment facility has trained medical staff on duty 24-hours a day. Certified and licensed counselors or social workers offer individual counseling along with various forms of group therapy. Motivation enhancement, anger management, problem solving, interpersonal skills training, stress management, 12-step programming, peer counseling, gender-specific groups, role modeling, and aftercare planning are major components of the curriculum.
Participants must be at least 21 years of age; diagnosed with a substance abuse problem; need 24-hour, 7-day residential treatment; be willing and capable of participating in all residential program activities; demonstrate a commitment to recovery, learning, and personal growth, and sign and agree to the terms of program consent for treatment.
- Sober Truth
32 W. Baltimore St., Taneytown, MD 21787
443-918-8592
sobertruthsubstanceabusetreatment.com
Intensive outpatient, standard outpatient, individual therapy, abuse intervention program, support group for families who have lost a loved one due to overdose, gambling addiction.
- Dr. Anthony Swetz
201 East Main Street, Westminster, MD 21157
443-340-5330
anthonyswetzphd.com
swetzphd39@gmail.com
Individual therapy, forensic or court evaluations, depression, bipolar, anxiety, trauma, addiction, sexual disorder.
- Triunfo, LLC

Resource Database

15910 Dark Hollow Road, Upperco, MD 21155-9349

443-789-0432

Cconcha39@gmail.com

Services include: 1) Counseling services related to education, therapy groups, individual addiction counseling; 2) Problem solving groups or individual sessions as needed; 3) Anger management groups or individual sessions as needed; 4) Pre-marriage couple communication (PREP modality: Preparation and Relationship Enhancement Program); 5) Translations (English/Spanish) and notarizations. Specializes in assisting the Hispanic population. 6) Preparation for drivers testing to obtain license.

Serves self-referred or court-ordered adults.

- Westminster Recovery Center, LLC

77 E. Main Street, Suite 300, Westminster, MD 21157-5015

410-857-8448

wrcf@verizon.net

To provide exceptional, affordable, and easily accessible services to individuals who have abused or are addicted to the use of alcohol/ drugs. Emphasizes the importance of the programs of alcoholic and narcotics anonymous in the treatment of addictions.

Offers Level One outpatient treatment programs, alcohol and drug education and counseling, assessments, and evaluations, 26-week programs, private alcohol and drug counseling, drug screenings, family services, interventions, and employment services.

Advocates for clients in court for employment issues and more.

- Westminster Rescue Mission

658 Lucabaugh Mill Road, P.O. Box 285, Westminster, MD 21158

Call: 410-848-2222 | Email: info@westminsterrescuemission.org

WestminsterRescueMission.org

Services include Addiction Treatment Services at 3.1 Level of Care; CARF accredited; Evidence-based Practices Long term (up to 9 months), highly structured residential program Faith-based Recovery curriculum; nurturing environment on 30-acre (nicotine-free) campus; Work Therapy Component; 12 step meetings; weekly/random UA testing; Clinical Services include MH and Addiction counseling (individual & group) and Primary Care.

- Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

877-726-4727

5600 Fishers Lane, Rockville, MD 20857

www.samhsa.gov

SAMHSA is an agency within the U.S. Department of Health and Human Services that provides resources and services for mental and substance use disorder prevention, treatment, and recovery.

- National Institute on Alcohol Abuse and Alcoholism

301-443-3860

5635 Fishers Lane, Bethesda, MA 20892-9304

Call for information and/or materials or visit the NIAAA website at

www.niaaa.nih.gov

Resource Database

The National Institute on Alcohol Abuse and Alcoholism works to research, develop, and apply fundamental knowledge about the effects of alcohol on health and well-being.

- The Association for Addiction Professionals
800-548-0497
www.naadac.org
The NAADAC promotes excellence in care by advocating for the highest quality and most up-to-date science-based services for clients, families, and communities. The NAADAC provides education, clinical training, and certification in several addiction programs. Call for written information on alcoholism and drug addiction.
- Catherine's Cause
410-874-8988
www.catherinescause.com
Works to prevent drunken driving through victim impact forums and high school presentations.
- Adult Children of Alcoholics (ACA-ACoA)
310-534-1815
PO Box 3216, Torrance, CA 90510 (Message Only)
www.adultchildren.org
Adult Children of Alcoholics/Dysfunctional Families is a Twelve Step program of people who grew up in dysfunctional homes. ACA provides a safe, nonjudgmental environment to (i) identify and heal core trauma, (ii) experience freedom from shame and abandonment, and (iii) become your own loving parent.
- Alcohol and Drug Help Line
800-821-4357
24-hour referrals nationwide to individuals battling drug and alcohol abuse
- Alcoholics Anonymous
800-492-0209
475 Riverside Drive, New York, NY 10115
A.A. is a nonprofessional, self-supporting, multiracial, apolitical fellowship that offers a Twelve Step program to individuals who are looking to conquer alcohol abuse.

Prevention

- Carroll County Prevention Office for Substance Abuse
Carroll County Health Department
290 S. Center Street, Westminster, MD 21157-5219
410-876-4803
Linda.auerback@maryland.gov
cchd.maryland.gov/
Reduce substance abuse in Carroll County by working together to design and deliver comprehensive prevention services. This office works to increase substance abuse awareness and resiliency skills through multiple community-involved and research-based programs.
- Carroll County Sheriff's Office SRO Program
Carroll County Public Schools

Resource Database

125 N. Court Street, Westminster, MD 21157
410-386-1687

In conjunction with the Carroll County Board of Education, the Carroll County Sheriff's Office, Hampstead, Taneytown, and Westminster City Police present drug/alcohol education classes to all 8th-12th grade students.

Community presentations are available as schedules permit by contacting the Carroll County Sheriff's Office at 410-386-2900.

- Choices of Carroll County

PO Box 374, Westminster, MD 21158-0374
410-751-5327

choices@choicesofcarrollcounty.org
choicesofcarrollcounty.org

Assists young adults learn the consequences of substance abuse to interrupt the destructive cycle of alcohol and chemical dependencies.

Site tours, educational presentations, videos, and homework assignments are also included.

Parent-referred or court-ordered young adults.

Targets young adults aged 18 to 23 with alcohol and/or drug problems.

- FoolProof Improvisational Theatre

Community Foundation of Carroll County
735 Uniontown Road, Westminster, MD 21158-4228
443-340-7005

foolprooftroupe.org

To perform issue-oriented improvisations for youth and parent groups to help open lines of communication. Issues such as drug abuse, alcohol abuse, suicide, teenage pregnancy, peer pressure, divorce, and AIDS provide the basis for scripts. Members perform for schools, drug and alcohol rehabilitation centers, church youth groups, service organizations, PTA groups, or anyone else requesting the service. Program lengths vary, but they are generally one hour in length with thirty minutes for scenes and thirty minutes for communication between the audience and characters.

Community-Based Self-Help

- Al-Anon Family Groups of MD and DC, Area 24

Baltimore Area Al-Anon Information Service

PO Box 878, Olney, MD 20830

410-832-7094 | Meetings: 888-425-2666 | 24 Hr. Hotline: 410-857-7000

webmaster24@marylanddc-alanon.org

marylanddc-alanon.org (for local meeting locations and times)

To provide a worldwide fellowship of relatives and friends of alcoholics who share experiences, strengths, and hopes for solving common problems. This organization is not allied with any denomination, organization, or institution. Call for information about Alateen meeting times and locations.

The anonymity of all members is guarded.

All meetings are open to anyone desiring help.

Meeting locations around Carroll and other counties and times below are current as of publication date. Please visit the website or call the contact information above to get further information.

Resource Database

<https://www.al-anon-alateen-dcmd.org/index.php/site/meetings/>

- Triangle Recovery Club
2 North Court Street, 2nd Floor, Westminster, MD 21157
www.trcofwestminster.com for complete list of meetings and times
Westminster UMC
165 E. Main Street, Westminster, MD 21157
410-876- 2124
The *Triangle Recovery Club* provides a clean and safe environment to conduct 12-step meetings for Carroll County's alcohol and drug recovery community. The club is open to various meeting groups including:
 - AA Alcoholics Anonymous
 - HA Heroin Anonymous
 - CA Cocaine Anonymous
 - CDA Chemical Dependency Anonymous
- Alcoholics Anonymous
410-663-1922 - 24 Hour Hotline
For local information:
Carroll County Group, District 9
P.O. Box 251, Westminster, MD 21158
D9mdaa.org (for Carroll County meeting locations and times)
For regional information: West Central Intergroup (provides services to the AA groups of Frederick, Carroll, and Montgomery Counties)
- Harbor of Grace Enhanced Recovery Center
437 Girard Street, Havre De Grace, MD 21078
443-502-8606
www.harborofgracerecovery.com
A comprehensive addiction treatment program for our nation's first responders with a holistic approach to recovery through a full integration of mind, body, and soul.
- Choosing Life in Christ
Crosswind Church
640 Lucabaugh Mill Road, Westminster, MD 21157
410-790-1228
clicconnected.weebly.com
Choosing Life in Christ or C.L.I.C., is a faith-based, peer-led support group that offers Christ-like principles, compassion, and resources for those striving to overcome mental health disorders in themselves or in their loved ones.
- The Federated Charities Bldg.
22 S. Market Street, Suite 7, Frederick, MD 21701-5432
301-662-0544
pubinfo@westcentralaa.org
westcentralaa.org
24-hour answering service
To assist alcoholics through group meetings with other alcoholics.
- MCF Maryland Coalition of Families for Children's Mental Health
10632 Little Patuxent Pkwy., Suite 234, Columbia, MD 21044-6255
410-730-8267

Resource Database

info@mdcoalition.org

mdcoalition.org

To build a network of information and support for families across Maryland and improve services for children with mental health needs and their families.

Central office listed above, with regional offices located throughout the state.

Open to any caregiver of a child with behavioral health needs.

Serves children with mental health issues from birth to age 18, or up to their 22nd birthday, if in special education.

- NAMI of Carroll County

National Alliance on the Mental Illness of Maryland (NAMI)

PO Box 1928, Westminster, MD 21158-5928

410-857-3650

info@namiccmd.org

namiccmd.org

Provides support groups for adults with mental illnesses and families who have had their lives touched by mental illness. Also provides psycho-educational classes called "Family to Family" that are offered in spring and fall.

- Nar-Anon Family Groups

800-477-6291

nar-anon.org

Provides a support group for the family and friends of drug abusers; to learn that the drug user's illness affects the lives of everyone close to them, and that NarAnon is for the parent, spouse, child, sibling, friend, or employer.

For information about support group meetings in the Carroll County area, call the hotline number or check the website.

- Narcotics Anonymous, Free State Regional Service Center

217 N. Warwick Avenue

Baltimore, MD 21223-1416

410-566-4022; Hotline: 800-317-3222

barsc@verizon.net

freetatena.org (for local meeting locations and times)

To provide a twelve-step recovery program for addicts. Call for information on meeting locations.

Open to all with a sincere desire to stop using narcotics.

- Narcotics Anonymous Meetings

Please email or call the contact information above to get further information on meeting locations and times.

- New Life for Girls

806 Littlestown Pike, Westminster, MD 21158

410-848-1360

southeastNLFG@gmail.com

southeastnewlifeforgirls.com/

To rehabilitate women with drug and/or alcohol abuse problems through Christian teachings. Christian classes and counseling are part of the rehabilitation in this residential program. This organization is commonly referred to as Southeast New Life for Girls because of its location.

Open to females between the ages of 18 and 45 years old.

- Rape Crisis Intervention Service of Carroll County

Resource Database

224 N. Center Street, Room 102, Westminster, MD 21157-5134

410-857-0900 Fax: 410-876-9147

info@rapecrisiscc.org

rapecrisiscc.org

24-hour hotline: 410-857-7322

Provides counseling and support services to people in the community hurt by sexual violence, and to eliminate sexual violence in Carroll County through education and advocacy.

Client services include: 24-hour hotline; walk-in crisis counseling; group therapy; individual therapy; accompaniment to meet with police, go to the hospital, and/or appear in court, and advocacy.

Services are available to both female and male victims as well as family members.

Services are free and confidential.

Serves adults and youth ages 12 and older.

- Reformers Unanimous/Victory Fellowship
Church of the Open Door
550 Baltimore Boulevard, Westminster, MD 21157-6102
410-876-3838

mail@opendoorchurch.org

opendoorchurch.org

Provides a support group for individuals dealing with addiction.

This program is court approved.

- Spirit of Freedom Ministries
Christian Revival Center
3553 E. Lawndale Road, Reisterstown, MD 21136-4036
Call: 410-239-4660 | Email: sof@crcmd.org
crcmd.org

Provides support and educational program for all ages. The program is designed for those with alcohol or chemical substance problems, as well as anyone who is interested in knowing more about drugs and alcohol and the corresponding consequences.

Spirit of Freedom is a Maryland State approved program and is free to anyone who would like to participate.

- Weber Sober Homes
P. O. Box 106, Woodbine, MD 21797
410-861-7740
Webersoberhomes@comcast.net

Timweber.webs.com

Provides interventions, one-on-one counseling, addiction support groups, and Alcoholics Anonymous meetings. Offers 12 step outpatient recovery model and men's recovery houses. There are two recovery houses available. All residents must pay their own way, participate in overseeing the house, and remain clean and sober.

- Westminster Rescue Mission and Thrift Store
658 Lucabaugh Road, PO Box 285, Westminster, MD 21158
410-848-2222
info@westminsterrescuemission.org

Resource Database

westminsterrescuemission.org

Addiction Treatment Services at 3.1 Level of Care; CARF accredited; Evidence-based Practices Long term (Up to 9 months, highly structured residential program Faith-based nurturing environment on 30-acre (nicotine- free) campus Work Therapy Component; 12 step meetings; weekly/random UA testing; MH and Addiction counseling (individual and group) and Primary Care.

Support/Self-Help Groups & Services

- Justin's Place Support Group
Crossroads Church
Please contact info@crossroads140.com or 443-487-4002 for more information
<https://missions.crossroads140.com/connect/crossroads-recovery/>
A local Affiliate ministry for Crossroads Community Church under Crossroads Recovery. Justin's Place serves men who struggle with drug and alcohol addiction through a two-phase, Christ-centered residential recovery and transition program.
- On Our Own of Carroll County - Overdose Support Group
265 E Main Street, Westminster MD.
<https://cchd.maryland.gov/overdose-support-group/>
The Overdose Support Group is a peer-lead group that discusses coping mechanisms for grief, how to refill your Narcan prescription, and how to use your voice to help yourself and others. The support group offers members a place to talk and process their thoughts and feelings surrounding fatal and non-fatal overdoses.
- Yes, My Kid
Friendship Baptist Church
1391 Sykesville Rd, Sykesville, MD, 21784
Call the Church Office at (410) 442-5506
Email Raimie Bruguera at frndship@wecare.org
Support for families whose children struggle with substance abuse.
- AddictionResource
888-772-4219
addictionresource.com
Addiction Resource offers a guide to finding resources for addiction, prevention programs, support groups, and treatments.
- Celebrate Recovery
celebraterecovery.com
Celebrate Recovery is a Christ-Centered, 12-step recovery program for anyone struggling with hurt, pain, or addiction of any kind. It is a safe place to find community and freedom from the issues controlling our life.
- Holy Trinity Outreach
htnr.net
Holy Trinity is a non-profit facility serving individuals who require a broad range of social, nursing, and rehabilitation services in an atmosphere of quality care and Christian love.
- Jewish Alcoholics, Chemically Dependent Persons and Significant Others
jacswab.org

Resource Database

JACS is dedicated to encouraging and assisting Jewish alcoholics, chemically dependent persons, and their families, friends, and associates to explore recovery in a nurturing Jewish environment.

- Cocaine Anonymous
ca.org
C.A. is a fellowship of men and women who share their experience, strength, and hope with each other. C.A. offers a free, 12-step recovery program for individuals who have a desire to stop using cocaine and other mind-altering substances.
- Marijuana Anonymous
marijuana-anonymous.org
M.A. is a fellowship of men and women who share their experience, strength, and hope with each other. M.A. offers a free, 12-step program for individuals who have a desire to stop using marijuana.
- Narcotics Anonymous
na.org
N.A. is a fellowship of men and women who share their experience, strength, and hope with each other. N.A. offers a free, 12-step program for individuals who have a desire to stop using narcotics.
- Nar-Anon Family Groups
nar-anon.org
Nar-Anon is a non-religious, spiritual fellowship for those affected by someone else's addiction.
- Women for Sobriety
womenforsobriety.org
Women for Sobriety is an organization and self-help program for women with substance use disorders who seek a sober life.

Treatment Resources

- Beacon Health Options
maryland.beaconhealthoptions.com
Beacon offers clinical mental health and substance use disorder management, comprehensive employee assistance program, work/life support, specialty programs for autism and depression, and insightful analytics to improve the delivery of care.
- Behavioral Health Administration — Directory of Services in Md.
bha.health.maryland.gov
Offers a comprehensive array of services and support to help individuals with substance-related disorders, mental health disorders, co-occurring disorders, and problem-gambling disorders recover.
- Caron Foundation
caron.org
Caron aims to transform lives impacted by addiction and substance use through proven, comprehensive, and personalized behavioral healthcare solutions. Caron offers multiple evidence-based, gender-specific behavioral health and addiction programs.
- Hazelden Foundation
hazelden.org

Resource Database

Hazelden Foundation offers prevention and recovery solutions nationwide and across the entire continuum of care for youth and adults through individualized care.

- National Association of Addiction Treatment Providers

naatp.org

The NAATP is a nonprofit professional society that represents hundreds of not-for-profit and for-profit addiction treatment providers who offer critical services along the full continuum of care. The NAATP website provides resources, programs, and events to help with the prevention and treatment of addiction.

More Substance Abuse Related Sites

- American Association for the Treatment of Opioid Dependence

aatod.org

The American Association for the Treatment of Opioid Dependence works with federal and state agency officials concerning opioid treatment policy throughout the United States. Their mission is to increase public understanding and evidence-based practices of treating opioid addiction.

- American Society of Addiction Medicine

asam.org

ASAM is a professional medical society representing thousands of physicians, clinicians, and associated professionals in the field of addiction medicine. ASAM is dedicated to increasing access and improving the quality of addiction treatment, education, and research.

- Christopher D. Smithers Foundation

smithersfoundation.org

(212) 305-6001

The Smithers Foundation offers a number of individual, group, and medical therapy based approaches to individuals struggling with substance use and mental health conditions.

- College Drinking-Changing the Culture

collegedrinkingprevention.gov

A one-stop resource for comprehensive, research-based information on issues related to underage drinking and binge drinking among college students.

- Community Anti-Drug Coalitions of America

cadca.org

CADCA is a network of over 5,000 community coalitions that work to prevent substance misuse through collaborative community efforts. CADCA provides technical assistance and training, public policy advocacy media strategies and marketing programs, and special events.

- Join Together

jointogether.org

Join Together helps families prevent and treat addiction and support recovery for their children and loved ones, as well as work to improve the addiction treatment system and end the addiction crisis.

- Legal Action Center

lac.org

Resource Database

The Legal Action Center uses legal and policy strategies to fight discrimination, build health equity, and restore opportunity for people with criminal records, substance use disorders, and HIV or AIDS.

- Maryland Association of Prevention Professionals and Advocates
mappamd.org
MAPPA is a group of prevention professionals in Maryland that serve as a forum to address issues of alcohol, tobacco, and other drug prevention.
- Monitoring the Future Study
monitoringthefuture.org
Monitoring the Future is an ongoing study of the behaviors, attitudes, and values of Americans from adolescence through adulthood. Monitoring the Future surveys 8th, 10th, and 12th graders, along with annual follow-up questionnaires to monitor health.
- Pacific Institute for Research and Evaluation
pire.org
PIRE is a nonprofit organization focused on merging scientific knowledge and research-based practices to create solutions that improve the health, safety, and well-being of individuals, communities, and nations around the world.
- Robert Wood Johnson Foundation
rwjf.org
The Robert Wood Johnson Foundation provides a wide array of grant programs, engages policymakers, business leaders, community groups, and many other stakeholders with a common interest in resolving America's greatest health challenges.
- Therapeutic Communities of America
tcanet.org
The TCA is a national membership organization of drug-free, self-help substance abuse treatment and rehabilitation agencies providing diverse services in academic and vocational education programs, health and medical needs, physical needs, spiritual needs, and social and cultural needs.
- Tobacco Bulletin Board Service
tobacco.org
Tobacco Bulletin Board Service provides the latest news, publications, and research concerning tobacco.
- Wavelengths Recovery
wavelengths.com
Wavelengths is a comprehensive substance abuse treatment center that helps individuals struggling with addiction through an individualized care plan.

Housing, Food, & Clothing

Groceries and Food Pantries

- Carroll Community College Food Locker
The Carroll Food Locker Program (CFLP) offers grocery assistance to Carroll Community College faculty, staff, and students in need.
All students, credit and non-credit, who are registered for the current semester and current faculty and staff can participate. No financial information is required to determine eligibility.

Resource Database

To sign up for the Food Locker, please email studentlife@carrollcc.edu. Food items vary from week to week, but primarily consist of canned foods, dry goods, and limited amounts of frozen meats and produce. We also have a limited supply of hygiene products.

Clients can sign up for an appointment by emailing studentlife@carrollcc.edu or calling 410-386-8500.

The Food Locker is located on the lower level of the Great Hall, under the stairs and across from the vending machines.

<https://www.carrollcc.edu/Student-Services/Student-Resources/Carroll-Food-Locker/>

- **Carroll County Food Sunday**
Citizen Services Building
10 Distillery Drive (Ground Floor), Westminster, MD 21157-5021
410-857-7926
ccfs@qis.net
ccfoodsunday.org
Collects non-perishable food and money to buy food and make it available to people who are hungry. The food is free and served to anyone in need. Visit the Food Sunday website for info about distribution sites across the county.
- **Deeds of Faith Food Pantry**
Crosswind Church
640 Lucabaugh Mill Road, Westminster, MD 21157-3814
410-848-5537
mycrosswind.com/deeds-of-faith-food-pantry
Visit their website for information about pantry hours and Church office hours.
- **Meals on Wheels of Central Maryland, Inc., Carroll County Branch**
255 Clifton Boulevard, Suite 312, Westminster, MD 21157-4787
410-857-4447
carroll@mowcm.org
mealsonwheelsmd.org
This volunteer-based nonprofit agency provides meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves.
Fees are based on a sliding scale. Food Assistance Benefits, available although the Independence Card are accepted as payment.
- **Silver Run Community Food Pantry**
3978 Littlestown Pike, Westminster, MD 21158-1541
410-346-7146
<https://community.carr.org/fullrecord.asp?record=1742>
To collect non-perishable food items and distribute them to those who are hungry.
Items are distributed from the St. Mary's Evangelical Lutheran Church parish house.
Please use the Mayberry Road entrance.
- **South Carroll Food Pantry**
961 Johnsville Road, Sykesville, MD 21784-4903

Resource Database

410-795-2777

wfumc@wesleyfreedom.org

To work with the Maryland Food Bank to provide free groceries to Carroll County residents in need. Food is distributed at Wesley Freedom United Methodist Church from 9 am to noon the fourth Saturday of each month.

No charge for the groceries.

Photo identification is required.

- Thanksgiving Day Community Dinner
Shepherd's Staff
30 Carroll Street, PO Box 127, Westminster, MD 21157
410-857-5944
shepstaff@comcast.net
shepstaff.org
To provide a holiday meal for anyone who wishes to enjoy a feast and fellowship on Thanksgiving Day. A free meal is served from noon to 2:00 pm on Thanksgiving Day at St. John Roman Catholic Church. Delivery to shut-ins is available upon request.
- Women, Infant, and Children Program (WIC)
Carroll County Health Department
290 S. Center Street, Westminster, MD 21157-5219
410-876-4898 Fax: 410-876-4459
Monday - Friday: 8:30 am - 4:30 pm
cchd.maryland.gov
To help Carroll County low-income families grow up healthy and stay healthy by providing nutritious food to pregnant, breast-feeding, or postpartum women, and their infants and children up to age five. Applicants are screened for medical and/or nutritional needs; they are weighed, measured, and screened for iron deficiency. Must also meet income and residency requirements. No fees are charged. Services are provided by appointment only.
- First Call for Help
800-492-0618 or 211
www.211.org
211 connects you with expert, caring help in your area.

Meals

- Feed My Sheep
Wesley Freedom United Methodist Church
961 Johnsville Road, Sykesville, MD 21784
410-795-2777
wfumc@wesleyfreedom.org
www.wesleyfreedom.org/south-carroll-food-pantry-and-feed-my-sheep/
This free, lunchtime meal is served in the Community Life Center at Wesley Freedom United Methodist Church and is sponsored by church congregations in

Resource Database

the South Carroll area, and Wards Chapel UMC. Visit website for full list of dates and times.

- Loaves and Fishes/Shepherd's Table
Westminster United Methodist Church
165 E. Main Street, Westminster, MD
410-848-8325
info@wumcmd.org / wumcmd.org
Loaves and Fishes is an outreach ministry with the goal to feed and assist those in need in the community. Each week, different Westminster congregations take turns providing meals and hosts from the congregations are present to set up the dining area and assist during the meal and clean up. Visit website for a full calendar of dates and times.
- Table of Grace Soup Kitchen/Ardent Folk
Grace Lutheran Church
21 Carroll Street, Westminster 21157
410-848-7020
www.gracelc.org/events/
Table of Grace Soup Kitchen offers community meals to those in need. Visit website for full calendar of dates and times.
- Carpenter's Table
St. Joseph Roman Catholic Church
44 Frederick Street, Taneytown, MD 21787
410-857-5733
www.stjosephtaneytown.org/community-outreach
The Carpenter's Table is an outreach program in Taneytown, MD that supplies bagged groceries and milk vouchers for families. To learn more about this program, visit their website.
- A Meal and More
St. Paul's United Church of Christ
17 Bond Street, Westminster, MD 21167
410-848-5975
office@stpauls-ucc.org
www.stpauls-ucc.org/connections
A Meal and More is a weekly community meal for hungry people. Each week, a group of volunteers works to prepare and serve a hot meal to an average of 80-100 Westminster community members.

Clothing/Household Items

- Car Seat Loaner Program, KISS (Kids in Safety Seats)
Carroll County Health Department, Health Education
290 S. Center Street, Westminster, MD 21157-5222
410-876-4448
carrollhealthdepartment.dhmd.gov/healthserv/kiss.html
To provide information to the public on child passenger safety laws and the correct use of safety seats. This program also loans safety seats to low-income Carroll County residents at a minimal charge. Safety seat checks at the Health Department are made by appointment only.
Call for information on the next community car seat event.

Resource Database

- Goodwill Industries of Monocacy Valley, Inc.
301-662-0622
customercare@gimv.org
gimv.org Provide low-cost clothing, furniture, and household goods to residents of the local community with store revenues supporting Goodwill programs. Items include household wares, sporting goods, sewing/crafts, furniture, pictures, baby items, toys, linens, curtains, clothing, shoes, books, and some outdoor items.
- The Mission Store
Westminster Rescue Mission
28 W. Main Street, Westminster, MD 21157-4816
410-848-8648
info@westminsterrescuemission.org
westminsterrescuemission.org
Supports the Westminster Rescue Mission's programs by accepting usable goods, which are resold to the public at very low prices. Sells a wide range of items including clothing for adults and children, furniture, dishes and glassware, bicycles, household items, and small appliances.
Free clothing is given to the needy.
- NESAP Thrift Store and Community Assistance Program
1046 S. Carroll Street, Hampstead, MD 21074-1816
410-374-9099 Assistance: 410-239-6216
nesap.inc.org@gmail.com
nesapinc.org
Northeast Social Action Program (NESAP) Services is a Christian non-profit, cooperative community outreach organization. Services include financial assistance for rent, fuel utilities, transportation, minor medical, as well as food, clothing, school supplies and Christmas assistance.
The store helps fund the Assistance Programs and provides items free of charge for those in need. Serves all ages.
- Second Chances
Human Services Programs of Carroll County, Inc.
23 W. Green Street, Westminster, MD 21157
410-848-5599
Services and products are available with and without a voucher (which can be picked at the Human Services Program Office at 10 Distillery Drive) at different times of the week/month. View the website for dates, times, and more information.
- Mount Airy Net
(Located inside Calvary United Methodist Church)
403 S. Main Street, Mount Airy, MD 21771-5346
301-829-0472 (Leave voice mail message for service.)
mountairynet.org
Mount Airy Net is a cooperative network of churches, civic organizations, and caring individuals. Services provided are emergency assistance for needy persons in the four-county Mount Airy area.
Emergency assistance is available in the following areas: fuel/electricity, pharmaceutical, food, clothing, shelter (limited), and other appropriate needs.

Resource Database

- No fees are charged.
- Shepherd's Staff
30 Carroll Street, Westminster, MD 21157-4831
410-857-5944
shepstaff@comcast.net
shepstaff.org
Provides a Christian outreach and support center which helps resolve short-term crises while seeking pathways to self-sufficiency.
Provides prescription assistance to the uninsured and underinsured. Offers many programs including Back-to-School, Take-a-Book, Call for Coats, Blessings Closet, food assistance, general clothing, walk-ins, referral, and advocacy.
Serves all ages.
No fees are charged.
- St. James Thrift Shop
St. James Episcopal Church
234 S. Main Street, Mount Airy, MD 21771-5317
301-829-0314
thriftshop@stjamesmtairy.org
stjamesmtairy.org
Offers clean used clothing and household items at reasonable prices through the thrift shop, an outreach ministry of St. James' Episcopal Church.

Shelter & Housing

- Emergency Rental Assistance Program for Carroll County
Human Services Programs of Carroll County
renthelp@hspinc.org | www.hspinc.org
410-386-6620
Are you being evicted? Are you behind in paying rent? Apply now to see if you qualify.
If you or someone in your household have experienced a financial hardship due to COVID-19 and are behind on your rent, the Emergency Rental Assistance Program, recently established by the U.S. Treasury, may be able to help.
To Be Eligible:
You must be renting in Carroll County.
You must have lost income or experienced a financial hardship due to or indirectly related to COVID-19.
Household income must be at or below 80% of area median income.
- Bureau of Prevention, Wellness, and Recovery
Carroll County Health Department
290 S. Center Street, Westminster, MD 21157-5219
410-876-4449
cchd.maryland.gov
Projects for Assistance in Transition From Homelessness – PATH
PATH is a program that provides outreach to individuals with serious mental illness, including those with co-occurring substance use disorders.
The PATH case manager links people with mental health services, social service agencies, health care providers, substance abuse providers and housing

Resource Database

programs as well as a variety of other services to assist individuals in becoming self-sufficient, gain permanent housing and reach goals toward recovery.

- Carroll County Bureau of Housing and Community Development
Carroll County Department of Citizen Services
10 Distillery Drive, Suite 101, Westminster, MD 21157-5021
410-386-3600
ccgovernment.carr.org/ccg/housing/default.asp
To assure affordable, decent, safe, and sanitary housing for eligible families in communities of their choice while encouraging participants' economic self-sufficiency.
Provides technical and financial assistance related to housing and community development for all segments of Carroll County (except Westminster, which is served by its own Office of Housing and Community Development).
Visit the website for more information about the programs offered, including vouchers, rental allowance, and temporary financial housing assistance for eligible county families.
A similar program for working families is available in partnership with the Carroll County Department of Social Services.
- The Mainstream Voucher Program
410-386-3800
https://www.hud.gov/program_offices/public_indian_housing/programs/hcv/mainstream
Disability Voucher Housing Program
Mainstream vouchers assist non-elderly persons with disabilities. Aside from serving a special population, Mainstream vouchers are administered using the same rules as other housing choice vouchers. Please see PIH Notice 2020-01 for more information.
Please direct questions about Mainstream vouchers to MainstreamVouchers@hud.gov.
- Continuum of Care Program
The purpose is to provide permanent housing in connection with supportive services to people with disabilities and who are experiencing homelessness and their families.
- Habitat for Humanity of Carroll County, Inc.
Habitat for Humanity International
255 Clifton Boulevard, Suite 301, Westminster, MD 21157-4786
410-751-7722
info@cchabitat.org
cchabitat.org
Hours by appointment
A locally run affiliate of Habitat for Humanity International, a nonprofit, ecumenical Christian housing organization, dedicated to meeting the needs of residents who lack adequate housing.
Works in partnership with people in need to build and/or renovate decent, affordable housing.
Eligibility for services is based on individual need. An application form may be requested by contacting the Habitat office.

Resource Database

Clients are not charged a specific fee. There is a “sweat equity” requirement to persons receiving services through Habitat.

- Human Services Programs of Carroll County, Inc.
10 Distillery Drive, Ground Floor, Westminster, MD 21157
410-857-2999
hspinc.org
The Family Support Programs - Provides services that help families develop self-sufficiency and effective parenting skills. Child development care is provided to support parents while they are learning valuable skills
Shelter & Housing - In addition to shelter, services are provided to assist families, individuals, and those with disabilities get back on their feet to obtain and remain in permanent housing.
Workforce Development - Assists individuals in job training, resume building, and searching for employment. The Workforce team also works with individuals to overcome barriers to employment such as criminal background or lack of previous experience.
Emergency & Prevention Services - Connects individuals with an array of funds throughout the community and the state to assist them with paying utilities and preventing evictions. Emergency Services partners with the Maryland Energy Services Programs (MEAP) and the Office of Home Energy Programs (OHEP) of the Department of Human Resources.
Visit the website for more information about the programs included.
- Maryland Commitment to Veteran’s
201 W. Preston Street, Baltimore, MD 21201
410-725-9971 | 877-770-4801
veterans.dhmh.maryland.gov/Pages/home.aspx
Provides a confidential forum for veterans and family members to discuss challenges they are facing and to link them with needed resources.
Maryland veterans and their families are eligible. New Life for Girls
806 Littlestown Pike, Westminster, MD 21158
410-848-1360
- Southeast New Life for Girls
southeastNLFG@gmail.com
southeastnewlifeforgirls.com/
To rehabilitate women with drug and/or alcohol abuse problems through Christian teachings. Christian classes and counseling are part of the rehabilitation in this residential program.
Open to females between the ages of 18 and 45 years old.
- Weber Sober Homes
P. O. Box 106, Woodbine, MD 21797
Webersoberhomes@comcast.net
Provides interventions, one-on-one counseling, addiction support groups, and Alcoholics Anonymous meetings. Offers 12-step outpatient recovery model and men’s recovery houses. There are two recovery houses available.
All residents must pay their own way, participate in overseeing the house, and remain clean and sober.
Fee for service.
Serves men 18 and older.

Resource Database

- Westminster Office of Housing Services
Westminster City Government
56 W. Main Street, Westminster, MD 21157
410-848-2261
housing@westgov.com
westgov.com
To help low-income citizens of Westminster meet their housing needs, and to revitalize the city's older neighborhoods. Visit the website for more information about voucher and rental assistance programs, among others.
- Westminster Rescue Mission and Thrift Store
658 Lucabaugh Road, PO Box 285, Westminster, MD 21158
410-848-2222
info@westminsterrescuemission.org
westminsterrescuemission.org
Offers a long-term faith-based, residential recovery program for men ages 18 and up battling addiction. Program includes daily classes, chapel, on-site clinical and pastoral counseling, AA/NA/CR meetings and work therapy.
- Foreclosure Assistance
1-877-462-7555 | 1-855-604-4663
Call for assistance if facing foreclosure. For bad lending or scams call 1-888-784-0136.

Veteran's Services

Programs and Assistance Services

- Veteran Services Program of Carroll County
125 Stoner Avenue
Westminster, MD 21157
410-386-3800
www.carrollveterans.com
The Veteran Services Program employs three part-time Veteran Services Officers (VSO's) who assist Carroll County Veterans with completing and filing pension and compensation claims (for service-connected disabilities) with the Veterans Administration.
The VSO's assist Veterans with obtaining military discharge papers, link Veterans to the VA Medical System, advocate for Veterans and connect them to other community resources.
The Veteran Services Program also assists Veterans with accessing behavioral health resources and accessing treatment for addiction and Post-Traumatic Stress Disorder (PTSD).
Veteran Services staff will assist Veterans with registering for the Veterans Shuttle Transportation Program which transports qualified Veterans to four VA Medical Facilities at no charge.
The shuttle transports Veterans to the following locations: Baltimore VA Medical Center, Loch Raven, Ft. Detrick and the VA Medical Center in Martinsburg, WV.
- Disabled American Veterans, Old Glory Chapter #22
PO Box 764, Westminster, MD 21158-0764
443-375-0595

Resource Database

To provide emergency services for disabled American veterans including assistance with paperwork for needed services.

On a state level, DAV offers counseling on veterans' compensation, health care, pension, employment rights, and more. Also extends disaster relief to disabled veterans affected by natural calamities. Nationwide, the organization works toward legislation benefiting disabled veterans, their widows, spouses, and orphans.

This chapter also supports programs at Veterans Administration Medical Centers in Baltimore, Fort Howard, and Martinsburg, West Virginia.

For veterans who served and have a service-connected disability, their immediate families, and Gold Star mothers.

- Maryland Commitment to Veterans
877-770-4801

To aid veterans and their families to support a healthy transition to civilian life.

Maryland's Commitment to Veterans offers information and referrals to community resources and assists veteran while they navigate the various resource options available to them within the local community as well as Veterans Affairs.

Hotlines

- Veterans Crisis Hotline
800-273-8255 and Press 1 or text 838255
The Veterans Crisis Line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service.
- Veterans' Legal Hotline
T 3-7 pm; Th 9:30 am – 1:30 pm 443-863-4040
<https://www.peoples-law.org/joining-forces-project-veterans-hotline>

Eldercare and Disability Services

Disability Services

- The Arc of Carroll County
180 Kriders Church Road, Westminster, MD 21158
410-848-4124
arccarroll.org
Provides a variety of services and support to people of all ages with developmental disabilities and their families.
Offers adult day programs, community living, vocational, and recreational services to individuals with developmental disabilities.
- West End Place Adult Day Care: 7 School House Ave. Westminster, MD 21157
West End Place Phone Number: 410 848 2433
West End Place Adult day care is a day program that provides respite and care for loved ones impacted by dementia, traumatic brain injury, and other physical disabilities that may not allow an older adult to be home alone. The day care is open Monday through Friday, provides transportation, breakfast, and lunch to the attendees as well as a variety of activities and day trips.
- The Mainstream Voucher Program
410-386-3800
https://www.hud.gov/program_offices/public_indian_housing/programs/hcv/mainstream

Resource Database

Disability Voucher Housing Program

Mainstream vouchers assist non-elderly persons with disabilities. Aside from serving a special population, Mainstream vouchers are administered using the same rules as other housing choice vouchers.

Please direct questions about Mainstream vouchers to MainstreamVouchers@hud.gov.

- Autism Society of America
4340 East/West Highway, Suite 350, Bethesda, MD 20814
1-800-328-8476 (800-3-AUTISM)
autism-society.org
Raises public awareness about the day-to-day issues faced by people on the spectrum, advocates for appropriate services for individuals across the lifespan, and provides the latest information regarding treatment, education, research, and advocacy.
- Caring Carroll, Inc.
P. O. Box 842, Westminster, MD 21158
410-775-5596
caringcarrollinc@gmail.com
caringcarroll.org
Provides volunteer services to seniors and disabled, frail, isolated and homebound adults to remain independent in their own homes.
- CHANGE, Inc.
115 Stoner Avenue, Westminster, MD 21157
410-848-1824 or 410-876-2179
changeinc.cc/
CHANGE, Inc. is a private, non-profit organization that provides individuals with a developmental disability the opportunity to live more independently and become active members of their community.
Other services include life skills, employment, and support services programs.
- Church of the Open-Door Handicapped Ministry
550 Baltimore Boulevard, Westminster, MD 21157
410-876-3838
Handicapped Ministry is an outreach to the mentally and physically handicapped for all ages. Check website for meeting times. Open to all ages.
Reformers Unanimous, a faith-based addiction program for 18 years old and up, is designed to direct the addicted back to God's support group, the local church. Check website for meeting times.
- Developmental Disabilities Administration (DDA)
Western Maryland Regional Office (includes Carroll)
1360 Marshall Street, Hagerstown, MD 21740
301-791-4670 Toll free: 1-888-791-0193
dda.dhmfh.maryland.gov
Provides services to all ages and to a limited number of people with developmental disabilities.
Regional teams establish individual eligibility and control, access to services, manage available funding and monitor service provision to ensure quality of services.
Community services are purchased primarily from private non-profit provider agencies that offer a range of programs, such as residential, vocational and a variety of support services.
- Disability Rights Maryland

Resource Database

1500 Union Ave., Suite 2000, Baltimore, MD 21211

410-727-6352 x 0 or 1-800-233-7201

DisabilityRightsMD.org

Provides services to persons with disabilities. A Protection and Advocacy agency, mandated to advance the civil rights of people with disabilities.

Offers free legal services (Pro Bono Attorney Referral Program) to Marylanders of any age with all types of disabilities (developmental, intellectual, learning, psychiatric, physical, sensory, traumatic brain injury), who live in facilities, in the community or who are homeless.

(Spanish/English)

- Disabled American Veterans, Old Glory Chapter #22

PO Box 764, Westminster, MD 21158-0764

443-375-0595

dav-oldglory.org

To provide emergency services for disabled American veterans including assistance with paperwork for needed services.

On a state level, DAV offers counseling on veterans' compensation, health care, pension, employment rights, and more. Also extends disaster relief to disabled veterans affected by natural calamities.

Nationwide, the organization works toward legislation benefiting disabled veterans, their widows, spouses, and orphans.

This chapter also supports programs at Veterans Administration Medical Centers in Baltimore, Fort Howard, and Martinsburg, West Virginia.

For veterans who served and have a service-connected disability, their immediate families, and Gold Star mothers.

- Division of Rehabilitation Services (DORS)

1004 Littlestown Pike Suite B1, Westminster, MD 21157

410-848-4456 | 888-554-0334

westminster.dors@maryland.gov

dors.state.md.us

Offers evaluation, counseling, and training necessary for employment. Also provides some restoration services to maintain independent living

- Flying Colors of Success, Inc.

88 E. Main Street, Westminster, MD 21157

410-876-0838

flyingcolorsofsuccess.org

Homes: 24/7, 365 days

Provides group homes and alternative living Units (ALU's), which are three-person homes with support staff supervision. Special services include case management, medication administration, support services, and non-traditional day services. Two homes are handicap accessible.

Individual must have a developmental/intellectual disability to qualify.

Serves ages 21 and older.

- Frankly Communicating, Inc.

904 F Washington Road, Westminster, MD 21157

410-871-2990

franklycommunicating.com

Resource Database

Provides speech, occupational and physical therapy. Serves 1 year old and up with autism, developmental delays, cerebral palsy, Down syndrome, apraxia, auditory processing, phonological disorders, oral motor, and tongue thrust, feeding and swallowing, aphasia, cognitive linguistic disorders, social skills and voice fluency. Offers individual or group speech therapy sessions, comprehensive assessment, and customized therapy plans.

- Target Community & Educational Services, Inc
111 Stoner Avenue, Westminster MD 21157
410-848-9090 or 888-831-3476
targetcommunity.org
Offers a variety of customized community-based residential, educational, vocational, recreational, and family support services. Visit the website to learn more about programs offered, such as assistance and options for living arrangements, employment programs and the Carroll County Day Habilitation Program.
Also provides Service Coordination for children on the Autism Waiver.

Eldercare

- Carroll County Bureau on Aging and Disabilities – Caregiver Support Group
Community Options (CO) Waiver
The Community Options waiver (CO) serves individuals who are medically, technically, and financially eligible for Medicaid waiver services who have been transitioned or diverted from a nursing facility. The Community Options Waiver offers: Assisted Living, Medical Day Care, Nutritionist/Dietician, Home delivered Meals, Personal Emergency Response Systems, Environmental Assessments, Assistive Technology, Nurse Monitoring, Personal Care, Supports Planning/Case Management, Transition Services (for example, assisting an individual to leave an institutional setting and return to the community) and additional services.
125 Stoner Avenue, Westminster, MD 21157
Telephone: 410-386-3833
<https://www.carrollcountymd.gov/government/directory/citizen-services/aging-disabilities/aging-and-disabilities-services/national-family-caregiver-support-program-in-carroll-county/>
- Freedom Center
c/o CC Bureau of Aging & Disabilities
125 Stoner Avenue, Westminster, MD 21157
410-386-3828
thefreedomcenter-md.org
Offers services and support in individual advocacy, systems advocacy, information and referral, peer counseling, and independent living skills training and transition services. Also helps people with disabilities find services such as housing, transportation, education, personal assistance services, assistive technology, and accessibility. Volunteer opportunities are available for our home office work and advocacy work.
- Connections Conversations
Relaxation techniques and sharing of thoughts and ideas as care partners on the journey.
RSVP at pmc@actslife.org
410-552-3211
710 Obrecht Road, Sykesville, MD 21784

Education & Employment

Education

- Carroll Community College Adult Education
Carroll Community College
224 N. Center Street, Westminster, MD 21157-5134
410-386-8630
carrollcc.edu/basicskills/
Help county adults and out-of-school youth obtain high school diplomas, improve basic reading, writing and math skills or improve English language and literacy skills so that they can become self-directed learners, effective workers, responsible citizens, and productive members of their families and communities.
Two options are offered for earning a Maryland State High School Diploma: The National External Diploma Program & the General Educational Development (GED) Test Preparation Courses—visit the website to learn more about these programs and other classes.
Serves individuals ages 17 years and older - Must be withdrawn from school.
- Carroll County Public Library
410-386-4488 | 410-386-4500
ask@carr.org
library.carr.org
Carroll County Public Library creates and provides our community with enriching and innovative resources, experiences, and services. Summer reading programs, book, videogame, audiobook, CD and DVD lending, computer, Wi-Fi, and internet use.
- Carroll County Public Schools Birth through Five Program
125 North Court Street, Westminster, MD 21157
410-876-4437 - Infant & Toddler (0 -3-year-old)
410-751-3295 - Child (3 year old to Kindergarten)
Offers early intervention services to eligible children, 0-5 years of age, and their families at no cost.
To qualify to receive services under the Individualized Family Service Plan (IFSP), the child must be under three and meet one of the following criteria: demonstrate a 25% delay in at least one developmental area, demonstrate atypical development, and/or have a diagnosed condition that places him/her at risk of developmental delays.
- Catholic Charities Head Start & Early Head Start of Carroll County
255 Clifton Blvd., Suite 101, Westminster, MD, 21157
410-871-2450
info@cc-md.org
catholiccharities-md.org/children-and-families/head-start/carroll-county
Provides a school and learning readiness experience for children 6 weeks to 5 years who qualify, based on income or a special need. Offers some transportation, health services, speech and language services, and breakfast, lunch and snack to children enrolled in the centers. Parent involvement is essential to the program.
Catholic Charities operates at three locations in Carroll County: Clifton Blvd. in Westminster, Church of the Brethren in Westminster and Taneytown, as well as a home visitation program.
- Judy Center Partnership
Carroll County Public Schools

Resource Database

(Located at Robert Moton Elementary School)

1413 Washington Road, Westminster, MD 21157

410-751-3613

carrollk12.org/instruction/curriculum/judycenter

Promotes school readiness, for children birth through kindergarten.

Learn more about the locations and partnership services at the website.

- Literacy Council of Carroll County, Inc.
255 Clifton Boulevard, Suite 314, Westminster, MD 21157-4787
410-857-0766
lcouncil@carr.org
literacy.carr.org
Tutors adults needing help in basic English, including reading, writing, ESOL, GED, math, and basic computer operation. Assists individuals reach their life goals.
- Carroll Community College - Financial Aid
Financial support to help pay for college is now available for qualifying students.
For more info, call 410-386-8437 or email FinancialAid@carrollcc.edu.
<https://www.carrollcc.edu/Costs-and-Aid/Scholarships-and-Financial-Aid/>
- Carroll County Scholarships Databases
Carroll Community Foundation - Scholarships database
<http://www.carrollcommunityfoundation.org/Scholarships.asp>
- CCPS Scholarships Listings*
*Leads to scholarship databases
<https://www.carrollk12.org/instruction/student-services/counselor/Pages/CentralScholarshipWorksheetFinancialAid.aspx>

Employment

- Carroll County Business and Employment Resource Center (BERC)
Carroll County Department of Economic Development
224 N. Center Street, Westminster, MD 21157-5134
410-386-2820
info@carrollworks.com
carrollworks.com
Available programs to develop a highly effective workforce for new and existing businesses; to assist job seekers in achieving, advancing, and retaining employment, and to encourage lifelong learning.
Visit the website to learn more about services provided to businesses, dislocated workers, displaced homemakers, individuals with disabilities, adults, veterans, and youth, as well as to learn about The Resource Center.
- Goodwill Industries - Employment Resource Center
Goodwill Industries of Monocacy Valley, Inc.
200 Baltimore Boulevard, Westminster, MD 21157-5118
410-857-9993
customercare@gimv.org
gimv.org
Offers job placement services to individuals with barriers to employment. Clients are referred to the free Steps for Success class at 1 pm each Tuesday. Also provides basic Word and Excel computer classes on Tuesday and Thursday afternoons.

Resource Database

- C.A.R.E.S. certificates are available at local non-profits to be used at local Goodwill stores for free clothing, household goods, and beds.
- Human Services Programs of Carroll County, Inc.
10 Distillery Drive, Ground Floor, Westminster, MD 21157
410-857-2999
hspinc.org
Workforce Development - Assists individuals in job training, resume building, and searching for employment. The Workforce team also works with individuals to overcome barriers to employment such as criminal background or lack of previous experience. Visit the website to learn more about the programs offered between the Family Support Programs, Shelter & Housing, and the Emergency & Prevention Services.
 - STEP (Schapiro Training & Employment Program)
A Division of Chesapeake Goodwill Industries
257 E. Main Street, Westminster, MD 21157-5553
410-848-7793
The STEP Supported Employment division assists individuals with serious and persistent psychiatric disabilities secure and maintain employment in a competitive labor force. The STEP Psychiatric Rehabilitation division is an individualized, person-directed program that assists individuals with mental illness to develop, enhance and maintain psychiatric stability, social skills, independent living skills and access resources to live successful independent lives.
 - Vocational Pathways
Mosaic Community Services, Inc.
288 E. Green Street, Westminster, MD 21157
410-876-3007, Ext. 1673
mosaicinc.org/programs-services/vocational-services
Offers vocational rehabilitation to people with psychiatric disabilities and other barriers to employment. Contact provider for specialty areas.

Health & Safety Services

General Health

- Access Carroll, Inc.
Integrated Health Care
10 Distillery Drive, Suite 200, Westminster, MD 21157
Main Office: 410-871-1478
info@accesscarroll.org
accesscarroll.org
Full Time Integrated Care
Medical and Dental & Behavioral Health Services
Access Carroll is an integrated primary care medical home, providing sliding fee scale medical, dental, and behavioral health services for low-income residents of Carroll County.
Medical and dental services are available to all ages.
Behavioral health care, including ambulatory detox services, is available to adults.
- Bureau of Community Health Nursing

Resource Database

Carroll County Health Department
290 S. Center Street, Westminster, MD 21157-5219
410-876-4900 | 800-966-3877

cchd.maryland.gov/health-services-home

Partners with Carroll County residents to promote, protect, and maintain their health. Visit website to learn about their many medical care services and programs.

- Bureau of Prevention, Wellness, and Recovery

Carroll County Health Department
290 S. Center Street, Westminster, MD 21157-5219
410-876-4449

cchd.maryland.gov

Prevention, intervention, and targeted education services are provided across the life span to individuals including students of all ages to prevent onset of substance use, reduce stigma around behavioral health issues, and decrease suicide and trauma.

Recovery Support Services – Certified Peer Recovery Support Specialists are available to anyone with a behavioral health issue. Non-clinical care coordination is provided by a trained specialist to reduce barriers to services and to promote recovery from mental health and substance related disorders. Peer Support Specialist help with entitlements, outreach to providers for treatment or housing linkages, and supporting individuals with recovery needs.

- Care Connect

200 Memorial Avenue, Westminster, MD 21157-5629
410-871-7000

healthaccess@carrollhospitalcenter.org
carrollhospitalcenter.org

Provides callers with physician referrals, registration for health education classes, support groups, and health screenings. Offers physician referrals and registration for health education classes, support groups, and health screenings. Callers can also request information about community resources, hospital brochures, and the latest edition of Hospital News.

An online physicians' directory is also available at the hospital's website.

- Carroll County Bureau of Aging and Disabilities

125 Stoner Avenue, Westminster, MD 21157-5451
410-386-3800

ccgovernment.carr.org/ccg/aging/

Home & Community Based Services Programs

Community Options (CO) Waiver

The Community Options waiver (CO) serves individuals who are medically, technically, and financially eligible for Medicaid waiver services who have been transitioned or diverted from a nursing facility. The Community Options Waiver offers: Assisted Living, Medical Day Care, Nutritionist/Dietician, Home delivered Meals, Personal Emergency Response Systems, Environmental Assessments, Assistive Technology, Nurse Monitoring, Personal Care, Supports Planning/Case Management, Transition Services (for example, assisting an individual to leave an institutional setting and return to the community) and additional services.

- Community Services for Older Adults and People with Disabilities

Resource Database

[Health.maryland.gov/mmcp/longtermcare/pages/Community-First-Choice.aspx](https://health.maryland.gov/mmcp/longtermcare/pages/Community-First-Choice.aspx)
1-844-627-5465

Community First Choice offers services in personal assistance, nurse monitoring, assistive technology, home delivered meals, and more. Applications are open for Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

- The Affordable Care Act created a program called Community First Choice (CFC), which provides states the option to offer certain community-based services as a state plan benefit to individuals who meet an institutional level of care. Services are provided in the individual's home or community residence by agency employed providers. CFC offers: Personal Assistance Services, Supports Planning/Case Management, Nurse Monitoring, Home delivered Meals, Assistive Technology, Accessibility Adaptations, Environmental Assessments, Personal Emergency Response Systems (PERS) and additional services.
<https://health.maryland.gov/mmcp/longtermcare/pages/Community-First-Choice.aspx>
- Money Follows the Person (MFP)
Money Follows the Person (MFP) in Maryland will help people transition from an institution, for example a nursing facility, to community living in an apartment, private home, or small group setting. MFP initiatives increase outreach to individuals in institutions and decrease barriers to transition.
<https://health.maryland.gov/mmcp/longtermcare/pages/Maryland-Money-Follows-the-Person.aspx>
- State Health Insurance Assistance Program (SHIP)
Trained health insurance counselors are available on an appointment basis to help seniors, age 60 and older, with questions and problems regarding:
Medicare
Medigap
Health Maintenance Organizations (HMO's)
Long Term Care
Qualified Medicare Beneficiary
Pharmacy Assistance.
Home visits are available when needed for the homebound.
<https://www.carrollcountymd.gov/government/directory/citizen-services/aging-disabilities/aging-and-disabilities-services/state-health-insurance-assistance-program-ship/>
- Carroll Health Group
Carrollhealthgroup.com
Carroll Health Group is Carroll Hospital's multi-specialty network of physicians, is designed to serve your every health care need. Visit their website to learn more about locations.
- Carroll Hospital
200 Memorial Avenue, Westminster, MD 21157
410-848-3000
info@CarrollHospitalCenter.org
carrollhospitalcenter.org
Carroll Hospital, a LifeBridge Health center, provides preventative and medical care for people in every stage of life. Whether one needs a physician or

Resource Database

specialist, emergency treatment, surgery, specialized care or wellness education, Carroll Hospital is dedicated to being the definitive resource for health care in the community.

The hospital's Care Connect service provides physician referrals and health navigation services; call 410-871-7000.

The TTY/TDD number is 410-871-7186.

- Maryland Physicians Care
<https://www.marylandphysicianscare.com/>
Help is Here | 1-800-953-8854
Maryland Physicians Care (MPC) is a locally managed care organization owned by Ascension Saint Agnes, Holy Cross Health, Meritus Health, and UPMC Western Maryland. MPC administers health care services to Maryland's HealthChoice enrollees.
Maryland Physicians Care is a leader in managed health care in Maryland with a strong network of hospitals, doctors, clinics, and pharmacies.
- Express Care
Visit their website for locations and hours.
<https://whywaitintheer.com/>
With prescription and lab services available on site, ExpressCare clinics, a LifeBridge Health Partner, offer urgent medical treatment for common illnesses and injuries, flu shots, pre-employment and sports physicals, work-related injury services, and much more.
- Family and Children's Services
22 North Court Street, Westminster, Maryland 21157
410-876 -1233
fcsmd.org
Assists families who are facing separation, domestic violence, child sexual abuse, and other hardships that increase stresses of daily living. Offer domestic violence program child abuse treatment services, general counseling, and medication management.
- LIONS CLUB INTERNATIONAL
Deer Park Lions Club Foundation, Inc.
PO Box 596, Finksburg, MD 21048-0596
410-848-8254
e-Clubhouse.org/sites/DeerParkME
The club actively seeks out and helps those in the community in need of medical assistance, eye or ear treatment, food, and clothing. The club builds wheelchair ramps for people who need easier access to their homes, and maintains an inventory of hospital equipment including wheelchairs, walkers, canes, and crutches for free loan to anyone in need.
- Hampstead Lions Club
PO Box 121, Hampstead, MD 21074-0121
443-250-5165
hampsteadlionsclub.org
Offers the loan of hospital equipment to the community such as wheelchairs, walkers, and crutches. Handles individual requests for help.

Resource Database

Directly supports the Maryland Eye Bank, LCI Sight First II program, Wilmer Eye Clinic, White Cane Day, low vision research at Johns Hopkins Hospital, and Leader Dogs for the Blind.

- **New Windsor Lions Club**
PO Box 167, New Windsor, MD 21776-0167
410-596-7912
nwlions@comcast.net
Active in vision and hearing programs and in other health projects. Provides free convalescent health equipment, aid to needy persons in the community and programs for the elderly.
- **Roaring Run Lions Club**
PO BOX 190, Finksburg, MD 21048-0190
410-876-3378
e-clubhouse.org/sites/roaringrun/
Enable vision and hearing screenings on an entry level scale and the club provides correcting visual aids for children or adults who are unable to afford them.
Additionally, support is provided to the Low Vision Research Foundation and Leader Dogs for the Blind. RRLC has medical equipment (wheelchairs, walkers, hospital beds, etc.) available for loan to members of the community.
- **Silver Run/Union Mills Lions Club**
343 W. Deep Run Road, Westminster, MD 21158-2215
410-848-6855
silverrununionmillslions.com
Works to help both the economic underprivileged and victims of disaster. Assists community residents in need, loans hospital equipment, arranges eye tests and glasses, donates grocery certificates, and provides financial support for various community projects and organizations through fundraising campaigns.
Proceeds donated to various Lions International Programs involving vision research, health care services, and other area organizations that lend their hands/expertise to community betterment & safety.
- **Taneytown Lions Club**
PO Box 555, Taneytown, MD 21787-0555
lionsclub.taneytown@gmail.com
taneytownlionsclub.com
Services include vision screening and remedial assistance; hospital equipment loans; support for the Maryland Eye Bank; and Leader Dogs for the Blind.
- **Westminster Lions Club**
PO Box 246, Westminster, MD 21158-0246
410-857-8461
lionsclubofwestminster.org
Provides financial and other support for programs such as the Cancer Society, Red Cross, Maryland Eye Bank, Carroll Hospital, Carroll Hospice, Therapeutic Riding, Diabetes Association, and ARC of Carroll County.
Offers financial assistance to the needy for eye examinations, glasses, hearing tests, and hearing aids. Collects used eyeglasses for recycling.
- **Mission of Mercy Taneytown - Trinity Evangelical Lutheran**

Resource Database

38 W. Baltimore Street, Taneytown, MD 21787

410-833-5870

amissionofmercy.org

Provides free healthcare, free dental care, and free prescription medications to the uninsured and underinsured.

New patients must call the appointment number below. If no appointments are available, there may be a limited number of walk-in appointments.

Dental patients are seen on a first-come, first-served walk-in basis. Walk-in appointments are not guaranteed and are based on availability.

For an appointment call 410.833.5870. You must leave a message with a call back number.

- ProLife Carroll County

4070 Baptist Road, Taneytown, MD 21787-1712

410-756-4886

Provides information to needy women, girls and their families regarding loving alternatives to abortion through referrals to pro-life service organizations such as pregnancy care centers and family support organizations which offer pregnancy testing, options counseling and parenting classes, reproductive health and sexual integrity education, materials services that include maternity and baby clothes, emergency diapers, formula, and referrals for adoption, medical, insurance, food, housing and public assistance services.

- Planned Parenthood

Appointments, information, and questions about health services: (410) 576-1414

<https://www.plannedparenthood.org/planned-parenthood-maryland/client-resources>

Planned Parenthood of Maryland (PPM) is a not-for-profit family planning agency that provides high-quality, affordable reproductive health care for women, men, and teens.

If you are an existing Planned Parenthood of Maryland client and you are having an emergency, please call our Medical Emergency Line at (877) 994-6432.

- Information and Treatment Referral Hotline

800-662- HELP (4357)

www.samhsa.gov/find-help/national-helpline

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

- National Alliance of Hispanic Health

800-504-7081

1501 Sixteenth St., N.W. Washington, D.C. 20036

202-387-5000

www.healthyamericas.org

The NAHH is the premier science-based and community-driven organization that focuses on the best health for all by providing services to more than 15 million Hispanics throughout the U.S. every year. The National Alliance of Hispanic Health provides services for cancer, COVID-19, depression, diabetes, and recovery after a disaster.

- American College Health Association

Resource Database

410-859-1500

PO Box 28937, Baltimore, MD 21240-8937

Call for brochures on alcohol problems or fax 410-859-1510

www.acha.org/

The American College Health Association provides health and wellness services, professional development, and a culture of wellness for its members.

- American Psychological Association

800-374-2721

750 First St, NE, Washington, D.C. 20002-4242

Call for materials about problems that relate to alcohol disorders

- HIV Information

800-448-0440

hivinfo.nih.gov

HIVinfo offers access to the latest, federally approved research about HIV/AIDS for healthcare providers, researchers, people affected by HIV/AIDS, and the general public.

- Chase-Brexton Health Services

(410) 837-2050

www.chasebrexton.org

The Center for LGBTQ Health Equity at Chase Brexton Health Care focuses on ending disparities for LGBTQ patient populations through health care services, advocacy, and education on the national and international stage. The Center's services include telehealth services, pediatric and general primary care, dental care, OB/GYN, gender affirming care, therapy, psychiatry, lab services, and more. Multiple locations around Maryland.

Prescription Assistance

- Goodrx.com

goodrx.com

Compare prices for all FDA-approved prescription drugs at virtually every pharmacy in America. Find pharmacy coupons, manufacturer discounts, generics, and comparable drug choices and savings tips all in one place. Save up to 80% at local pharmacies you already know. Refill reminders and alerts when prices change.

- Help Rx Info

HelpRx.info

Prescription discounts are pre-activated, ready-to-use and free. Search their site for discounts and coupons for your prescription drugs.

Additionally, they have a pharmacist helpline that is open 24 hours a day, 7 days a week that will help guide your pharmacist through the process of getting your prescription discount fulfilled.

- Internet Drug Coupons

internetdrugcoupons.com

Free drug card and coupons. For uninsured and people with high co-pays.

- My RX Advocate

1-877-331-0362

Resource Database

myrxadvocate.com

Must be a low-income U.S. resident without prescription insurance to qualify. Annual income under \$42k. Helps with high costs of prescription medications. Participates in patient assistance program.

- NeedyMeds
PO Box 219, Gloucester, MA 01931
1-800-503-6897
info@needymeds.org
NeedyMeds.org
NeedyMeds Drug Discount Card—no fees or registration, no financial, age, or residency restrictions. Can't be used with insurance. Serves uninsured and underinsured.
Their discount card can save up to 80% or more off the cost of prescription medicines, over-the-counter drugs, and pet prescription drugs. You can print the card from the website and take it to your pharmacy for the discount. Check website for tips for applying to patient assistance programs, free/low-cost clinics, disease-based assistance, and state programs.
Spanish and several other languages available.
- Partnership for Prescription Assistance
1-888-477-2669 (Tech support only)
pparx.org
Prescription expense assistance, prescription medication services, psychiatric medication services.
Must have e-mail address.
- Rx Outreach
1-800-769-3880
rxoutreach.com
Managed by Express Scripts Specialty Distribution Services, Inc., a licensed mail order pharmacy.
The program offers prescription medicines to uninsured individuals and families and those who have limited prescription coverage.
Bilingual Spanish services available.
- SCBN Prescription Advocacy
1-888-331-1002
scbn.org
For U.S. residents—uninsured Americans who cannot afford their prescribed medications. Receive each prescription medication for as little as \$25 net cost per month.
For those who do not have Medicaid or health care insurance to cover outpatient medications and have income at a level that results in economic hardship when purchasing retail prescription drugs.

Intimate/Sexual Violence

Sexual Violence

- Catocin Counseling Center- Certified Abuser Intervention Program
www.catocincounseling.com
63 East Main Street, Westminster, MD 21157

Resource Database

410-848-9091

Catoctin Counseling provides counseling for substance abuse, domestic violence/anger management, mental health, families, and couples. Their services include:

Managing life stressors

Counseling treatment of emotional issues

Counseling treatment of compulsive behaviors.

- Rape Crisis Intervention Service of Carroll County
224 N. Center Street, Room 102, Westminster, MD 21157-5134
410-857-0900
info@rapecrisiscc.org
rapecrisiscc.org
24-hour hotline: 410-857-7322
Provides counseling and support services to people in the community hurt by sexual violence, and to eliminate sexual violence in Carroll County through education and advocacy. Client services include: 24-hour hotline; walk-in crisis counseling; group therapy; individual therapy; accompaniment to meet with police, go to the hospital, and/or appear in court, and advocacy. Services are available to both female and male victims as well as family members.
Community services include educational programs for schools, colleges, employers, community groups and professional organizations. Workshop topics include dating violence, domestic violence, sexual harassment, child sexual abuse prevention, and rape risk reduction programs.
Services are free and confidential.
Serves adults and youth ages 12 and older.
- The Women's Law Center of Maryland
Family Law Hotline- 800-845-8550
Legal Forms Help- 800-818-9888
www.wlcmd.org
Spanish Speaking Attorney- 877-293-2507 (leave a message)
The Women's Law of Maryland advocates for the physical safety, economic security, and autonomy of women throughout the state. A variety of legal services are offered in Family Law, Immigration, Domestic Violence Protective Orders, and Employment Law.

Domestic Violence

- Family and Children's Services
22 North Court Street Westminster MD 21157
410 876 1233 (Court Street)
24-hour Domestic Violence Hotline: 443-865-8031
Fcsmd.org
Family and Children's Services located at 22 North Court Street in Westminster, Maryland operates case management, behavioral health, and medication management programs. The case management services include the comprehensive domestic violence services for victims and dependents of intimate partner violence. Case Management also assists with Family Violence, victims impacted by elder abuse, sexual abuse, sexual assault, human

Resource Database

trafficking, and gang related violence. Services for the case management program includes crisis intervention, safety planning, court advocacy, home visits with law enforcement, support groups and individual support. Case managers can meet in the community if it is safe and meet the needs of the client.

There is also a 24-hour hotline for domestic violence support. FCS also runs a Domestic Violence Safe House which is in an undisclosed location in the county. The behavioral health and medication management programs see clients who have experienced trauma, recent or historic, and works with those who identify with general mental health needs.

Please call and speak to the Office Administrator for accepted insurances at 410 876 1233.

- House of Ruth Domestic Violence Legal Clinic
www.hruth.org
24-hour hotline 410-889-7884 ((410)889-RUTH)
Legal office: 888-880-7884
House of Ruth leads the fight to end violence against women and their children by confronting the attitudes, behaviors, and systems that perpetuate it, and by providing victims with the services necessary to rebuild their lives safely and free of fear.
- Maryland Network Against Domestic Violence
www.mnadv.org
800-634-3577(1-800-MD-HELPS)
6911 Laurel Bowie Road, Suite 309
Bowie, MD 20715
Maryland Network Against Domestic Violence is a coalition that brings together victim service providers, allied professionals, and concerned individuals to reduce intimate partner violence. The coalition provides education, awareness, training, technical assistance, lethality assessment programs, advocacy, and collaboration with local, state, and national organizations.
- National Domestic Violence Hotline
1-800-799-SAFE (7233)
Text "START" to 88788
www.thehotline.org
A free, confidential, 24/7, 365-day-a-year service to identify abuse, get help, plan for safety, support others, and access local resources.

Legal Departments & Practices

Legal Departments

- Carroll County Sheriff's Office
410 Court Street, Westminster, MD 21157-5112
410-386-2900
Sheriff.carrollcountymd.gov
- Carroll County State's Attorney
55 N. Court Street, Suite 100, Westminster, MD 21157-5155
410-386-2671 | 888-302-8925
ccstatesattorney@ccg.carr.org

Resource Database

- carrollcountystatesattorney.org/
Hampstead Police Department
1112 S. Main Street, Hampstead, MD 21074-2255
410-239-8954
police@qis.net
hampsteadmd.gov
- Manchester Police Department
3215 Long Lane, P.O. Box 830, Manchester, MD 21102-1782
410-239-6900
manchestermd.gov/police/
- Maryland State Police, Barrack G
1100 Baltimore Boulevard, Westminster, MD 21157-7025
410-386-3000
msp.westminster@maryland.gov
mdsp.org
- Maryland State Police in Mount Airy
Maryland State Police Resident Trooper Program
2 Park Avenue, Mount Airy, MD 21771-5438
301-829-0218
mountairymd.org/residents/facilities-services/
- Sykesville Police Department
7547 Main Street, Sykesville, MD 21784-7364
410-795-0757
townofsykesville.org/2161/Police-Department
- Taneytown Police Department
120 E. Baltimore Street, Taneytown, MD 21787-2110
410-751-1150
taneytown.org/police_department.asp
- Westminster Police Department
36 Locust Street, Westminster, MD 21157-5043
410-848-4646
wpd@westgov.com
westminstermd.gov/165/Police

Legal Practices

- Carroll County Office of the Public Defender
101 N. Court Street, Suite 140, Westminster, MD 21157-5166
410-871-3636
opd.state.md.us/carroll
Provides legal representation for indigent defendants at all stages of criminal, serious traffic, and juvenile proceedings in Carroll County.
Eligibility based on income and assets.
Must apply at least 10 business days before trial date.
All ages served.
- Carroll County Victim Witness Assistance Unit
Carroll County State's Attorney's Office
55 N. Court Street, Suite 100, Westminster, MD 21157-5155
410-386-2671

Resource Database

carrollcountystatesattorney.org

To provide support and assistance to victims and witnesses of homicide, sexual assault, child abuse, burglaries, serious assaults, and domestic violence and certain more serious misdemeanor cases. Visit their website to learn more about the services provided.

Referrals to appropriate agencies and counseling services, as well as safe facilities, will be made when necessary.

The Director can provide a speaker to community groups.

- Collaborative Project of Maryland
240-428-8562
www.collaborativeprojectmd.org
Free or reduced fee lawyer to assist in reaching an agreement without using Court.
- Law Library of Carroll County
Historic Courthouse
200 Willis St, Westminster
410-386-2672
lawlib@ccg.carr.org
Full law library open to public. Call ahead to confirm the Librarian will be present for assistance.
- Legal Aid
Circuit Court for Carroll County
55 N Court Street, Westminster
Room 119
Telephone intake at 1-800-679-8813
Offers full free representation for domestic and civil cases and will assist with criminal expungements. Must meet income requirements.
- Legal Aid Bureau, Inc.
22 S. Market Street, Suite 11, Frederick, MD 21701-5572
800-679-8813
mdlab.org
Provides the low-income residents of Carroll, Frederick, and Washington counties with free, high quality legal representation.
This law office deals with the following civil problem areas: landlord-tenant and other housing problems, government benefits, family law, elder law, employment law, and consumer protection.
Eligibility is based on income and problem type; call for screening.
- Maryland Volunteer Lawyers Service
201 N. Charles Street, Suite 1400, Baltimore, MD 21201
800-510-0050 or 410-547-6537
mvslaw.org
Provides free quality civil legal assistance to Marylanders with limited income. Provides free (and in some cases low cost) legal representation to Marylanders with limited income. We also provide free legal help for community-based nonprofits that are working to strengthen low-income communities in Maryland.
Each eligible individual client is matched with a volunteer lawyer who has the appropriate skills and expertise to provide quality representation.

Resource Database

Check the Internet site for a complete description of our services.
Clients are responsible for all non-waivable court fees.

- Free Spanish Speaking Attorney
1-877-293-2507
443-519-4054
Assistance filling out forms
- Women's Law Center POARP (Protective Order Project)
Circuit Court for Carroll County
Room 206
410-386-2440 | cmack@ccg.carr.org
Free full representation for petitioners who qualify in final protective order hearings. NO income requirement.
- Women's Law Center of Maryland, Inc.
305 W. Chesapeake Avenue, Suite 201, Towson, MD 21204-4447
admin@wlcmd.org
wlcmd.org/kcprograms.html
Provides free legal services in the areas of family law, domestic violence, and employment law.
Services include legal representation projects, and educational materials to help understand the law and individuals' rights.
- CASA
www.wearecasa.org
1-866-765-2272
A grassroots immigrant advocacy organization with multiple locations in the Mid-Atlantic area focused on human services, community organizing, and strategic campaigns to serve immigrant, Latino, and working-class members. Resources include adult ESOL classes, citizenship support and resources, legal services, vocational training, health and human services, youth leadership development, and financial education. See website for locations and numbers.
- ONLINE HELP
 - www.maryland.freelegalanswers.org
To message/email a MD attorney for free answers for any civil case
 - www.peoples-law.org
Legal information on all topics
 - www.mdcourts.gov/family
Forms for domestic cases and information on services in all counties
 - www.msba.org/public/index.htm
Brochures on various legal topics in Maryland
 - www.lawlib.state.md.us
Court Rules and other legal research tools.
 - www.wlcmd.org/domesticviolence.html
Domestic violence information and resources
 - www.casesearch.courts.state.md.us
Maryland Circuit and District Court case records.
 - www.mdcsf.org
Community services site

Family & Childcare Resources

Family

- **Get Connected Family Resource Center**
Mosaic Community Services
255 Clifton Boulevard, Suite 204, Westminster, MD 21157
410-871-0008
getconnectedcc.org
Assists families in learning about, navigating and managing systems of care as they become empowered advocates for their children. Navigators use large databases to locate services in mental health, developmental disabilities, basic needs, health, education, substance abuse, learning difficulties, and other needs. Can provide information regarding accessibility, insurance, and fees of programs, waiting lists, and similar information.
A resource library and computer facilities are available for public use.
Translation phone available on site.
- **Human Services Programs of Carroll County, Inc.**
10 Distillery Drive, Ground Floor, Westminster, MD 21157
410-857-2999
hspinc.org
The Family Support Programs - Provides services that help families develop self-sufficiency and effective parenting skills. Child development care is provided to support parents while they are learning valuable skills.
Shelter & Housing - In addition to shelter, services are provided to assist families, individuals, and those with disabilities get back on their feet to obtain and remain in permanent housing.
- **Workforce Development - Assists individuals in job training, resume building, and searching for employment. The Workforce team also works with individuals to overcome barriers to employment such as criminal background or lack of previous experience. Emergency & Prevention Services - Connects individuals with an array of funds throughout the community and the state to assist them with paying utilities and preventing evictions. Emergency Services partners with the Maryland Energy Services Programs (MEAP) and the Office of Home Energy Programs (OHEP) of the Department of Human Resources. Family Links Services**
Human Services Programs of Carroll County, Inc.
10 Distillery Drive, Suite G-1, Westminster, MD 21157-5021
410-857-2999
hspinc.org
To provide information and referral for families to find services in Carroll County to help with a variety of needs. Helps individuals take a closer look at their immediate needs, and plan for their future.
Family Links workers can help find solutions to the following problems: financial stability and budgeting; housing emergencies such as eviction notices, foreclosures, security deposits, electric & water turnoffs, and obtaining heating fuel; family problems; interpersonal skills/problems; job related questions and difficulties; transportation issues (work related); prescriptions; clothing; legal issues; food.
Call for an appointment.
- **Divorce Care**

Resource Database

Church of the Open Door
550 Baltimore Boulevard
Westminster, MD 21157-6102
410-876-3838

TTY/TTD: 410-876-3838, Ext. 346

mail@opendoorchurch.org

opendoorchurch.org/ministries/divorcecare

Help for adults to heal from the hurt caused by separation and divorce. This Biblically based program features 33 renowned experts on divorce and recovery and is conducted by a leadership team who understands what participants are experiencing. Weekly sessions teach how to deal with the circumstances of separation, how God's love can strengthen during this time, and gives participants the opportunity to interact with others who are experiencing the same things.

- Mount Airy Net

(Located inside Calvary United Methodist Church)

403 S. Main Street, Mount Airy, MD 21771-5346

301-829-0472 (Leave voice mail message for service.)

mountairynet.org

Mount Airy Net is a cooperative network of churches, civic organizations, and caring individuals.

Services provided are emergency assistance for needy persons in the four-county Mount Airy area for: fuel/electricity, pharmaceutical, food, clothing, shelter (limited), and other appropriate needs.

No fees are charged.

- Together We Own It

77 John Street, Westminster, MD 21157

410-878-3104 | info@togetherweownit.org

Our mission is to work with children and families to break the cycle of poverty, trauma and mental illness and move forward by providing a stable and supportive environment, full of opportunity, including services for food, shelter, clothing, counseling, mentoring, and more.

- Shepherd's Staff

30 Carroll Street, Westminster, MD 21157-4831

410-857-5944

shepstaff@comcast.net

shepstaff.org

Provides a Christian outreach and support center which helps resolve short-term crises while seeking pathways to self-sufficiency. Basic needs are considered and determined during the interview process for financial assistance.

Provides prescription assistance to the uninsured and underinsured.

Offers many programs including Back-to-School, Take-a-Book, Call for Coats, Blessings Closet, food assistance, general clothing, walk-ins, referral, and advocacy.

- NESAP Thrift Store and Community Assistance Program

1046 S. Carroll Street, Hampstead, MD 21074-1816

410-374-9099 Assistance: 410-239-6216

nesap.inc.org@gmail.com

nesapinc.org

Resource Database

Northeast Social Action Program (NESAP) Services is a Christian non-profit, cooperative community outreach organization. Services include financial assistance for rent, fuel utilities, transportation, minor medical, as well as food, clothing, school supplies and Christmas assistance.

NESAP Thrift Store provides an ever-changing variety of carefully selected secondhand clothing, jewelry, small appliances, books, toys, furniture, housewares and collectibles. The store helps fund the Assistance Programs and provides items free of charge for those in need.

- Mission of Mercy Taneytown - Trinity Evangelical Lutheran
38 W. Baltimore Street, Taneytown, MD 21787
410-833-5870
amissionofmercy.org
Provides free healthcare, free dental care, and free prescription medications to the uninsured and underinsured.
New patients must call the appointment number below. If no appointments are available, there may be a limited number of walk-in appointments.
Dental patients are seen on a first-come, first-served walk-in basis.
Walk-in appointments are not guaranteed and are based on availability.
For an appointment call 410.833.5870. You must leave a message with a call back number.
*Many county's Lions Clubs offer some medical financial assistance or otherwise have connections to other orgs
- Family Law Administration
Circuit Court of Carroll County
55 N. Court Street, Suite 208, Westminster, MD 21157-5155
410-386-2751
mdcourts.gov/family/carroll.html
Coordinates and monitors family support services, both private and public, which are provided to parties in pending domestic court cases in Carroll County. Referrals are available for a variety of services, visit the website to learn more. The Division also coordinates efforts between the judiciary, attorneys, and service providers to expand resources available in the county.
Free family law legal advice is available through volunteer lawyers for self-represented persons of low income, including help with forms in Maryland domestic law—visit the website to learn more about the times for that service. Free domestic legal information seminars are given monthly to all interested persons.
- Family Law for the People
Circuit Court for Carroll County
55 N Court Street, Westminster
Room 208
<https://circuitcourt.carrollcountymd.gov/family-law.aspx>
Free in person class on domestic law and how to try a court case. A free book is provided to take with you. Visit the website for class times and dates.
- Family Law Advice Clinic
Circuit Court for Carroll County
55 N Court Street, Westminster
Room 208

Resource Database

<https://circuitcourt.carrollcountymd.gov/family-law.aspx>

Free in person legal advice clinic available to people who do not have an attorney. First come, first serve. Must meet income requirements. Visit the website to learn more about times and dates.

- Family Law Hotline
800-845-8550
<https://www.peoples-law.org/family-law-hotline>
Provides general legal information about family law (or domestic relations); this hotline is staffed by attorneys experienced in family law.
This organization of lawyers, judges, social services, and health care providers focuses on the legal rights of women and children. It is an income-eligible service, staffed by experienced family law attorneys ready to assist callers with issues of family law, including divorce, custody, child support, visitation, third party custody, alimony, name change, and other family law issues.
Attorneys can provide information and appropriate referrals to service providers that might be available to assist the caller.
- Alanon/Alateen Family Group Headquarters
800-356-9996
www.al-anon.org
1600 Corporate Landing Parkway (Message Only)
Virginia Beach, VA 23454-5617
Al-Anon is a mutual support group for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes about. Alateen is a branch of Al-Anon for young people who have been affected by someone else's drinking.
- Co-Dependents Anonymous (CODA)
410-256-7775
www.coda.org
Co-Dependents Anonymous is a 12-step program of recovery designed to help individuals overcome negative denial, compliance, control, avoidance, and low self-esteem patterns stemming from co-dependence.
- Families Anonymous
Familiesanonymous.org
800-736-9805
PO Box 3475, Culver City, CA 90231-3475 Fax: 310-815-9682
Families Anonymous is a 12-Step fellowship designed for the families and friends of individuals who are experiencing substance abuse.
- Maryland Coalition of Families
Mdcoalition.org
888-607-3637
Maryland Coalition of Families helps families who care for someone with behavioral health needs by empowering and supporting them and advocating to improve systems and services.
- Maryland Youth Crisis Hotline
www.help4mdyouth.org
800-422-0009

Resource Database

The Maryland Youth Crisis Hotline provides Chat/Hotline Specialists to help Maryland youths who are experiencing thoughts of suicide or are concerned about a loved one connect with mobile mental health services and urgent care appointments.

- Mothers Against Drunk Driving (MADD)
www.madd.org
410-321-6233
Victim Hotline: 877-MADD-HELP
Mothers Against Drunk Driving work to prevent drunk driving through advocacy for high visibility law enforcement, ignition interlock devices, autonomous vehicle technology, and advanced drunk driving prevention technology.
- Nar-Anon Family Group Headquarters, Inc.
www.nar-anon.org
800-477-6291
22527 Crenshaw Blvd, Suite 200B, Torrance, CA 90505
Nar-Anon offers a 12-Step program for family and friends of addicts.
- National Association for Children of Addiction
www.nacoa.org
301-468-0985
The National Association for Children of Addiction offers a variety of programs and products uniquely designed to offer support for children who struggle with the negative impact of alcohol and drug use in families.
Call for additional information and materials
- National Organization on Fetal Alcohol Syndrome
www.nofas.org
800-66NOFAS
900th St., N.W., Suite 910, Washington, D.C. 20006 (666-6327)
Call for educational materials and to speak with a health professional on a call back basis.
The National Organization on Fetal Alcohol Syndrome works to increase public awareness and mobilize grassroots action in diverse communities to create a global community where all children are born free of exposure to alcohol, drugs, and other harmful substances.

Childcare

- Carroll Community College, Child Development Center – Littlest Learners
We provide a safe, pre-school environment for children of college students, employees, and the community. We offer very flexible schedules, from 1 to 5 days a week, in the morning, afternoon or all day. Student and sibling discounts are available.
1601 Washington Road, K135, Westminster, MD 21157
Call: 410-386-8470 | Email: childcare@carrollcc.edu
Fees & Registration Apply
For ages: 2-5
<https://www.carrollcc.edu/Student-Services/Student-Resources/Child-Development-Center/>
- Child Support Enforcement
1232 Tech Court
Westminster, MD 21158

Resource Database

dhs.maryland.gov/child-support-services/
1-800-332-6347
Child support matters only.
\$25.00 fee.

- Divorce Care for Kids
Church of the Open Door
550 Baltimore Boulevard, Westminster, MD 21157-6102
410-876-3838
TTY/TTD: 410-876-3838, Ext. 346
mail@opendoorchurch.org
opendoorchurch.org/ministries/divorcecare-for-kids-dc4k
Help for children to heal from the hurt caused by the separation or divorce of their parents. At this weekly group, kids make friends who understand how they feel and the things they are going through because of the divorce of their parents. This Bible-based program helps children learn how God's love can strengthen them and help turn tears to hope and joy.
Serves ages 6 to 12.
- Moms Works
255 Clifton Blvd. Suite 301, Westminster, MD 21157
443-536-4669
dianeb@momsworks.org
Helps families by serving mothers to overcome barriers to success. Services include classes in parenting, communication, relationship skills, employment, anger management, overcoming substance abuse, violence, child visitation and money management.
Mother support group meets weekly, learn more about dates and times on their website.
Meetings are confidential.
All moms served.
Does not accept insurance.
- Carroll County Department of Juvenile Services
101 N. Court Street, Westminster, MD 21157-5166
410-871-3600
djs.state.md.us
Provides court-ordered supervision of delinquent youth, and assistance for youth exhibiting at-risk behaviors. Offers counseling services to juveniles and their families placed on probation or under protective supervision by the court. Other services include anger management classes, smoking cessation sessions, substance abuse support, case management for delinquent youth, and victim awareness programs.
Offers free drug abuse, prevention education to community, business, school, church, and civic groups on important issues facing juveniles and our society.
Please call to arrange for a speaker. Serves youth ages 8 to 21.

Grief/Loss Support Groups

- Triple "S" – Suicide Loss Survivors - And Overdose – Support Group
This group is dedicated to helping loved ones who have lost a family member or a friend to suicide or overdose. This group offers support to fellow survivors.
Wesley Freedom United Methodist Church

Resource Database

961 Johnsville Rd, Sykesville, MD 21784

Call Barbara Cataneo at 407-446-0590 for more information or visit the group's Facebook page.

- Bereavement Luncheon
Last Tuesday of the month, 12pm at Baugher's Restaurant
An opportunity to meet, have lunch and receive support from others in the community that are suffering from the death of someone close. Last Tuesday of each month at Noon. No registration required.
289 West Main Street, Westminster, MD 21157
<https://blog.carrollhospitalcenter.org/carroll-hospice-bereavement-luncheons/>
- Camp T.R
Hosted each year by Carroll Hospice, Camp T.R. is a free, overnight weekend retreat for children ages 7 - 15 who are grieving the loss of a loved one. The camp combines recreational activities, such as art, swimming and music with grief education and support.
1st Weekend in June
Registration Required: Call 410-871-8000
<https://community.carr.org/fullrecord.asp?record=256>
- Journey's Support Group
Any adult who has experienced the loss of a loved one.
6 continues weekly education seminars
Call for dates and registration: 410-871-8000
Carroll Hospice 292 Stoner Avenue, Westminster, MD 21157
- Mending Hearts Support Group
Receive support and advice on managing the complex emotions involved with the death of a child. During sessions, attendees can share their experiences, participate in discussions, and receive comfort in a warm and welcoming environment.
Carroll Hospice 292 Stoner Avenue, Westminster, MD 21157
<https://www.lifebridgehealth.org/Carroll/SupportGroups1.aspx>
- Pet Loss Support Group
This support group offers people of all ages whose pets have died the opportunity to share their feelings and receive emotional support from others facing a similar loss.
Registration required; please call 410-871-7656.
Call for dates
Carroll Hospice 292 Stoner Avenue, Westminster, MD 21157
<https://www.lifebridgehealth.org/Carroll/SupportGroups1.aspx>
- Teen Grief Retreat
1 Full day retreat for teens who have experienced loss who are ages 13-18.
Call for dates and registration: 410-871-7292
Carroll Hospice 292 Stoner Avenue, Westminster, MD 21157
<https://www.lifebridgehealth.org/Carroll/SupportGroups1.aspx>
- Widows and Widowers Support Group
This group offers emotional support and discussions to help women and men cope with their grief in a nurturing environment.
Carroll Hospice 292 Stoner Avenue, Westminster, MD 21157
<https://www.lifebridgehealth.org/Carroll/SupportGroups1.aspx>

Resource Database

- Grief Share
Church of the Open Door
550 Baltimore Boulevard, Westminster, MD 21157-6102
410-876-3838
mail@opendoorchurch.org
www.opendoorchurch.org/ministries/griefshare
Help for adults who are grieving the death of someone close to them. This Biblically-based program offers valuable information about recovering from grief and renewing hope for the future.
- University of Maryland – Dept. of Pediatrics, Center for Infant & Child Loss
City & County Resources/Support Groups Database
<https://www.infantandchildloss.org/child-loss-city-county-support-groups.html>
- Bereaved Parents of the USA Carroll County Chapter
Westminster Church of the Brethren
1 Park Place, Westminster, MD 21157
410-321-7053
<https://community.carr.org/fullrecord.asp?record=468>
- *Bereaved Parents of Infants
Carroll Hospice
292 Stoner Avenue
Westminster, MD 21157
410-871-7231 or 410-871-8000
carollhospice.org
Support groups for adults and children
- The Compassionate Friends Frederick MD Chapter
www.tcffrederickmd.com
Trinity Methodist Church
705 W Patrick St
Frederick MD 21701
Email: webmaster@tcffrederickmd.com
- University of Maryland – Dept. of Pediatrics, Center for Infant & Child Loss
Perinatal Support Groups:
<https://www.infantandchildloss.org/perinatal-loss-support-groups.html>