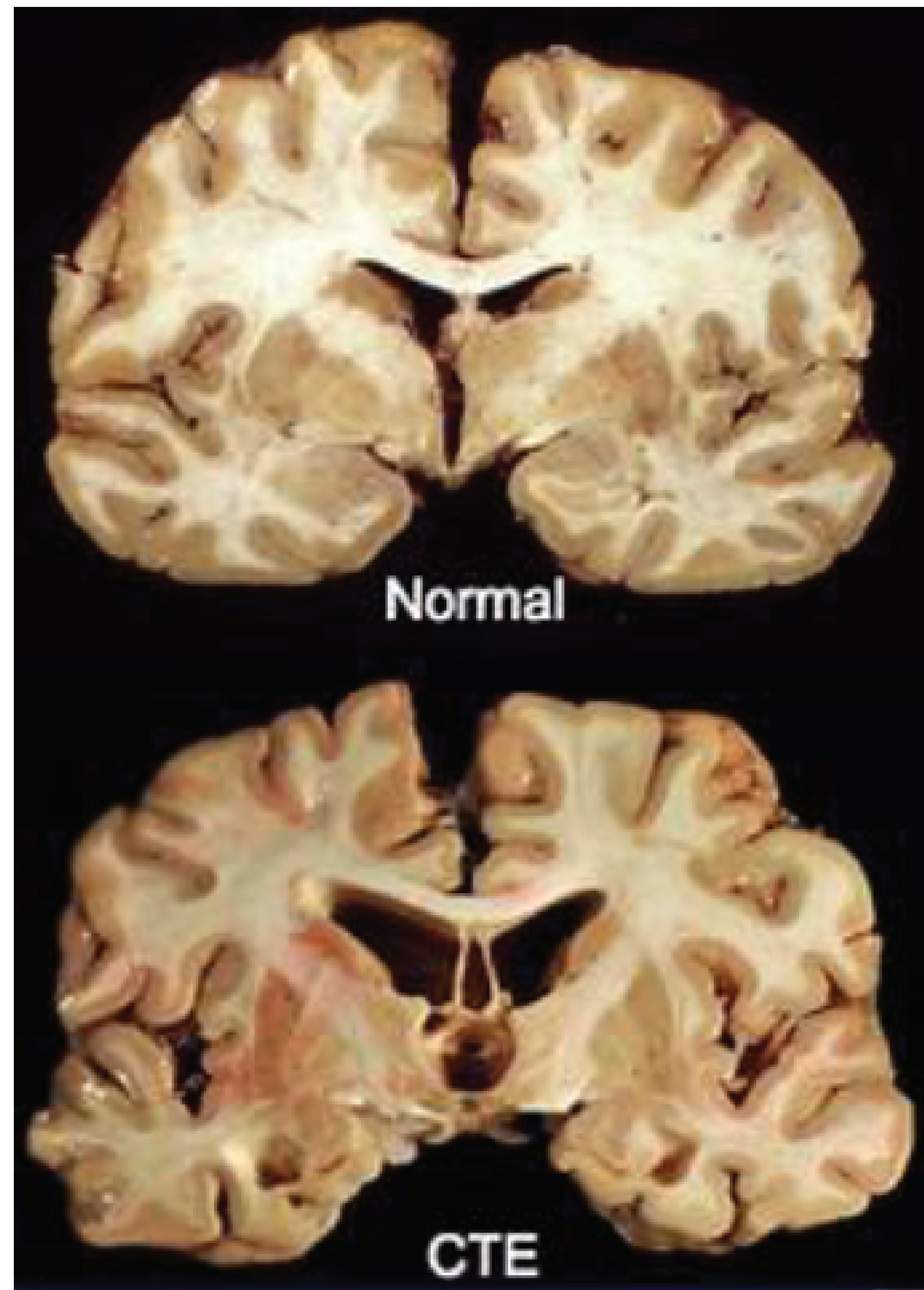


How Medical Marijuana Can Save Football

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Submitted to Austrie Duarte
for COMM-105



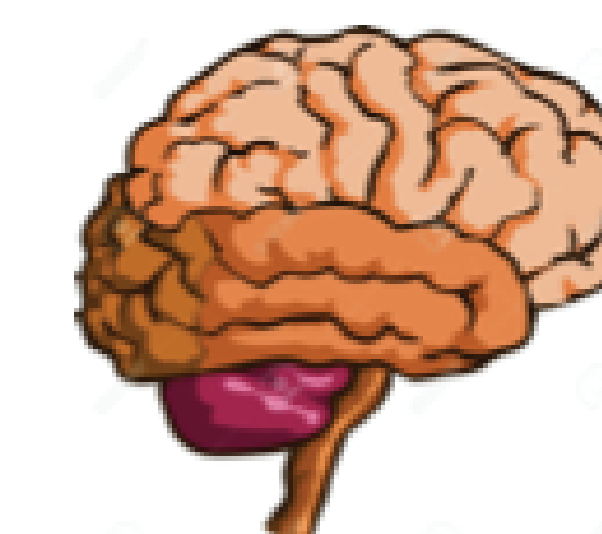
Summary

My project is about how medical marijuana can save football players that have suffered from CTE, the traumatic brain damage that destroys football player's lives. Medical marijuana is much safer than the current remedy which is just pain medication.

General Education Connection

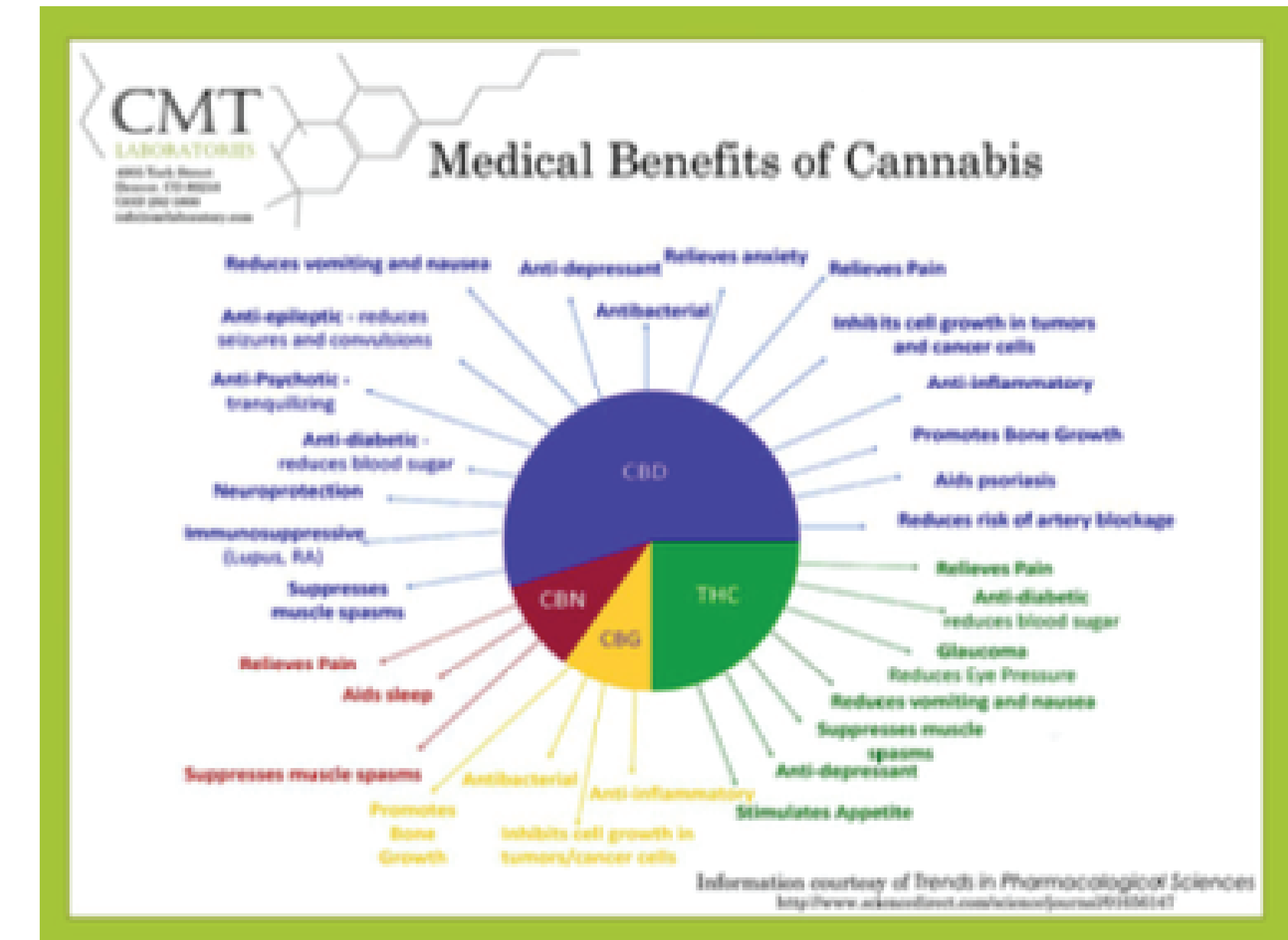
Communicate ideas in written, oral, and other modes as appropriate to a situation and audience. | Employ various thinking strategies to develop well-reasoned judgments. | Evaluate sources of information for accuracy, relevance, and reliability. | Cultivate intellectual and ethical practices that promote the wellness of self, community, and environment.

I started out by conducting research for multiple different topics such as brain damage and CTE, the causes and symptoms. Then I researched what was being done in the NFL to protect these players but didn't come across any safe medical practices when it came to the medicine part of CTE; they focused more on prevention. I finally searched for different medical marijuana benefits and risks. As I finished my research, I found out that medical marijuana actually destroys the proteins that cause CTE without killing any patients. I think all this research allowed for me to come up with a thoughtful topic for this project that is not only creative but innovative. This topic also helps support wellness because medical marijuana can help prevent these players from going through hell every day because of their injuries.



Application

This topic connects more to my life than any course I have taken so far. I played football for 10 years and suffered countless hits to the head. As a player, you are taught to just shake it off or "shake out the cobwebs" but after research conducted for this project, I realized that dizziness or confusion was brain damage that I just ignored. Now I can see some of the side effects of CTE such as sensitivity to light and unexpected mood changes. I think finding information on something that affects you is very important so you can understand how to help not only your current situation but other people dealing with the same thing. If I were to connect this topic to a course, I would connect it to my diversity class. It taught me to question what I have been told and find the truth for myself. I think this topic is the exact definition of that: don't listen to the current solutions, think outside the box, and find a new solution that can save these football players.



Challenges

I think the biggest challenge I had when completing this assignment was how to connect medical marijuana to a current topic. I wanted to make a respectable argument that marijuana can save some of society's heroes from a crippling disease. I think finding that connection piece was the hardest part.